



New Art In Flight Exhibit On Display At Airport

For the last 15 years, the Alliance for the Arts and the Lee County Port Authority have partnered on a project called Art In Flight, which brings art to the public spaces and the millions of travelers at Southwest Florida International Airport.

The current exhibit, Pop of Color, features a diverse collection of 29 works or art that use line, shape, texture and color to amaze the senses. With a varied collection of styles and media, artists on display demonstrate the wide possibilities of abstract art from clean and crisp edges to wild and energetic strokes of paint. Various materials and textures are explored as well with everything from found objects to sculptural, low relief mixed media. Pop of Color will exhibit now until May 2021.

"We are thankful for this continued partnership with the Southwest Florida International Airport to present the Art



Summer II by Kristin Herzog photos provided in Flight exhibit," said Alliance Gallery Director Ehren Gerhard. "Each year, millions of travelers are welcomed to Southwest Florida. The Alliance for the Arts is honored to share the beautiful work of our local artists and celebrate the unique creativity of our region."

Artists on display in Concourse B: Stacey Brown, Deborah Butler, Betsy Djamoos, Anne Friedman, Janet George, Julie Griffin, Marilyn Hedlund,



Pop of Color exhibit at Southwest Florida International Airport

Karri Leamon, Bruce MacKechnie, Leila Mesdaghi, Roy Rodriguez, Caitlin Rosolen-DeJesus, Alyssa Stoff and Ronnie Walter.

Artists on display in Concourse D: Brooke Anderson, Katherine Boren, Annette Brown, Maria Collier, Paula

Eckerty, Cheryl Fausel, Kate Ferriter, Kristin Herzog, Carol Imes-Luscombe, Nick Masiello, Caren Pearson, Alicia Schmidt, Grayson Stoff, Jennifer Unwin and Barbara Yeomans.

For more information, visit www.artinlee.org or call 939-2787.✧



A camp instructor and student engage in a science experiment

photo provided

Science Center Expands Summer Programming

The IMAG History & Science Center is offering additional STEM Summer Camps designed for rising kindergarten through eighth grade students for the weeks of August 10, August 17 and August 24.

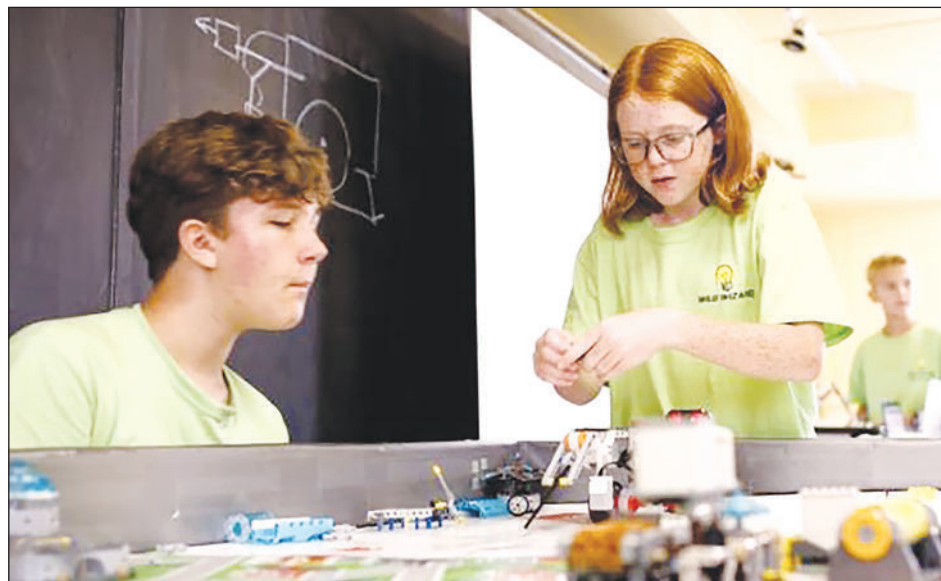
With three additional weeks of camp this summer, Camp IMAG offers children a fun, exciting and educational curriculum

blending science, technology, engineering and mathematics (STEM) with activities, games, crafts, experiments and exhibit explorations to inspire the imagination and encourage a lifelong love of learning. IMAG STEM Camps are divided into rising kindergarten through second graders, rising third through fifth graders, and rising sixth through eighth graders.

IMAG takes extensive steps to help ensure a clean, safe experience for all its campers.

IMAG is located at 2000 Cranford Avenue in Fort Myers. To learn more and register, visit www.theimag.org/camp.✧

Estates Offering Invention Camp



Summer camp students can learn about robotics in the new sessions offered at Edison and Ford Winter Estates

photo provided

Edison and Ford Winter Estates is extending its summer camp for an additional three weeks with a new camp. The Invention and Innovation Camp will cover a different program each day, with topics ranging from robotics to art. Campers will be separated into two groups (grades 1 to 3 and 4 to 6). The camps are fun and educational, and run from 9 a.m. to 4 p.m. daily.

In each session, campers will use their skills of invention and innovation to solve different challenges. Students may attend

a single week or enroll in all three, as the content will not be repeated. Session 1 runs from August 10 through 14, Session 2 from August 17 through 21, and Session 3 from August 24 through 28. Cost per session is \$220 for members and \$250 for non-members. Registration began July 31 online at www.edisonford.org.

The following safety and health protocols are in place:

All camps will run at less than 50

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Historic Downtown Fort Myers, Then And Now:

The Alligator Pool Author Recalls The Boom



by Gerri Reaves, PhD

On December 14, 1929, “CDG” wrote the final installment of his regular feature *The Alligator Pool* in the *Fort Myers Evening Press*. The column had been appearing approximately once per month in the newspaper that year, a renamed version of his *Chatterbox* of the previous year. Both *Chatterbox* and the *Pool* were light banter about what was going on around town, a forum for miscellaneous musings, from dog-naming contests and thoughts for the day to poems called “Foolishments.”

Jokes were regularly included – and at least once, an important non-joke. On April 1, CDG announced: “The *Press* changed hands today...and it wasn’t an April Fool joke.” The new owner’s name will be familiar to anyone mildly interested in local history, Barron G. Collier, as in Collier County, just to name one of his claims to fame.

Although the author of the *Pool* was identified by only initials, evidence suggests that city editor C. Dudley Geddes penned the column. In his final one, he reminisces about the boom years, writing that it was exactly six years ago to the day that he had arrived in Fort Myers at midnight in “the little old ACL depot on Monroe Street” in December 1923. His tenure at the paper had spanned the pre-boom, the boom and the early Great Depression, and he boldly professed to be a pioneer, “in recollections if not in years.”

He opines that six years of development in Fort Myers corresponds to that of a quarter of a century in an “average northern town” of similar population. He recalls that he stayed his first night in the Leon Hotel at First and Hendry, today’s Leon Building, and reported for work at the *Press* the following morning. He facetiously notes that the paper was “burdened with so much business that it was forced to print all of six pages.”



This spot in the Patio de Leon has been a fountain or pool for more than a century, and for many years contained live alligators. Once a gathering place for boom-time realtors, it inspired the title of a newspaper column, *The Alligator Pool*. On the left in this circa-1930 photo is the patio’s First Street entrance.

photo courtesy SWFL Historical Society



A fountain marks the spot where a pool was built when Tonnelier Court (later renamed Patio de Leon) was built circa 1914. It no longer contains banana plants or alligators, but small sculpted alligators pay tribute to the long-ago tourist attraction.

photo by Gerri Reaves

Among the highlights that illustrate the town’s transformation is “Broadway was an orange grove.” The Franklin Arms Hotel was building an eight-story addition. Hitching posts still existed, and the site of the Morgan Hotel was still a big frame house (the Cottage Home Hotel) with a big tree in the front yard.

And, the City Dock at the end of Jackson Street was a business center. One interesting tidbit he didn’t mention is that the depot where he had stepped off the train had become a freight station only a couple of months later, when the new Atlantic Coast Line Railroad passenger depot opened on Peck Street. (That depot is now the Southwest Florida Community Foundation.)

Succinctly dispensing with the boom and bust, he writes, the “old town woke up,” and “money was made and lost.”

Overall, however, the town had benefitted from the improvements and modern buildings that remain. Only three days after that last *Pool* was published, Geddes’s resignation was announced.

Shortly afterward, he went into the printing business, doing “job” printing, as it’s called. He was also active in the Fort Myers Beach Improvement Society.

Meanwhile, his former employer merged with the rival *Tropical News* in 1931, creating today’s *The News-Press*.

As for that curious title of his column, you might wonder why anyone would choose such a name. Anyone versed in local history knows that the title refers to a landmark in the Patio de Leon, usually called the alligator pit.

More than a century old, it originally contained banana plants and later on, live alligators. Then in 1946, it became a popular juice stand, Trent Bowen’s Patio Pauseway.

CDG explained the choice of name this way: “It was round this alligator pool that many of the beknickered boom-time realty men gathered and spun their yarns.”

Today a fountain stands on the spot where realtors and tourists once gathered in the patio. A plaque documents the patio’s history and sculpted alligators encircle the top.

Visit the former alligator pool that inspired a boom-time writer and imagine when it was the place to send all those tourists who wanted to see an alligator.

Then check out the following research centers to learn more about the newspaper features that entertained and informed Fort Myers in the 1920s.

Open hours might be affected by the coronavirus pandemic, so call contact them first. The Southwest Florida Historical Society is an all-volunteer, nonprofit organization

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THE RIVER
WEEKLY NEWS
FROM THE BEACHES TO DOWNTOWN FORT MYERS

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Virtual Magic, Circus And Comedy

The Alliance for the Arts, in partnership with Wild Ace Entertainment, will present an evening of virtual entertainment on Wednesday, August 13 at 7:30 p.m. Fun for all ages, this virtual extravaganza is jam-packed with magical mystery, clever circus and comedy delights.

Brittany Sparkles and George Gilbert are Wild Ace Entertainment. Sparkles, who was born and raised on Long Island, New York, is America's Circus Sweetheart. She has over 20 combined years of dance, theater, cheerleading, martial arts and circus training. She is a graduate of the elite National Institute of Circus Arts in Melbourne, Australia, from where she earned a bachelor's of circus arts, specializing in aerial acrobatics and object manipulation.

Gilbert has been using his talents to amaze and amuse audiences around the globe for over a decade. Originally from Baltimore, Maryland, he first found his love of magic in elementary school after reading a book on Harry Houdini. He has performed all over North America



George Gilbert and Brittany Sparkles
photo provided

and Europe to rave reviews, chasing his childhood dream of mystifying audiences while making them laugh.

The production is free to stream, but a suggested donation supports the future of the arts in Southwest Florida.

Pre-registration is required at www.artinlee.org/virtualvarieties in order to provide an access link prior to showtime.*

Call To Artists For Fall Juried Show At BIG ARTS

BIG ARTS invites artists to submit their work for its first-ever juried exhibition in the new Dunham Family Gallery. The show, entitled Create, Inspire, Connect, mirrors the BIG ARTS 2021 season theme to celebrate the vital role the arts play in reflecting shared humanity and the healing power of community and creativity.

The juried show, scheduled for October, is an open-theme exhibition for artists working in painting, photography, drawing, sculpture, fiber, printmaking and other mediums. Artwork in this exhibition will be judged according to presentation, artistic merit, originality and its interpretation of the theme of the BIG ARTS season and exhibit. Works submitted will be juried and awarded by members of the BIG ARTS Visual Arts Committee: Diane Olsson, Deborah Butler, Bunny Ospa, Bea Pappas, Kathy Taylor, Annie Wainwright, Peter Zell; and BIG ARTS Programs and Gallery Manager Lauren Huff.

Artwork for the show can be submitted digitally by September 6 through the BIG ARTS website at www.bigarts.org. The fee to submit is \$25 for members, \$30 for non-members and \$15 for students. All artists will be notified by email by September 11. To view the full prospectus, visit the Fine Arts section of the website.

BIG ARTS was established in 1979 as a nonprofit organization devoted to providing quality artistic, cultural and educational experiences to Sanibel and

Captiva residents and visitors. For more information on the upcoming season, visit www.bigarts.org or follow on Facebook.

The newly renovated BIG ARTS campus is located at 900 Dunlop Road on Sanibel. It is currently closed due to health and safety issues.*

Results From Lee County Schools Model Selections

Over the last two weeks, 77,012 students from the School District of Lee County completed the form to choose their instructional model for the start of the 2020-21 school year in August.

The results are as follows:

41 percent – Face to Face Learning (31,522 students)

39 percent – Lee Home Connect (29,702 students)

19 percent – Lee Virtual School (14,724 students)

1 percent – Homeschool (1,064 students)

Approximately 8,000 students did not select an instructional model and will be assigned to Face to Face Learning. School staff will contact those families next week to confirm placement.

Families who wish to amend their choice may only do so with the approval of their student's principal. The number of students in each model is expected to change before the first day of school on Monday, August 31.

The results will be used to help determine the number of teachers needed for each model.*

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Fort Myers Art:

A Quantum Leap As Screenwriter Filmmaker, Actor



by Tom Hall

Shelbie Tyndall plays the part of Miriam in Ghostbird Theatre Company's upcoming video production of *Ori*, a new play written by Ghostbird Artistic Director and FGCU Theatre Professor

Barry Cavin. It's a role that represents a quantum leap in this emerging creative's craft, not only as an actor, but as a screenwriter and aspiring filmmaker.

Tyndall's impressive resume contains numerous screenwriting credits, but not many appearances on stage or in film. In fact, her background as an actor is in musical theater. In high school, she appeared in several musicals, including *Man of La Mancha*. But Cavin noticed her potential as a dramatic actor during her work in various theater classes at Florida Gulf Coast University. And so he cast her as Bawd in Antonin Artaud's *Jet of Blood*, part of Ghostbird's October House, performed last year in the historic Langford-Kingston Home.

"It was a small role," said Tyndall, who is charmingly self-deprecating. True, she had but a single line of dialogue. But that's



Shelbie Tyndall

photo courtesy www.artswnl.com

not to say her presence in *Jet of Blood* was insignificant or fleeting. The part required her to express her character's persona through movement, physicality and blocking. She acquitted herself well.

So well, in fact, that Cavin immediately thought of Tyndall for the central figure in *Ori*. She immediately accepted when he offered her the part, little realizing at the time how big a role it was. Only later, when Cavin handed her the script, did she discover how many lines Cavin had assigned to Miriam, a woman held captive on a dying island who is suddenly faced with an incomprehensible choice – leave and start a new life someplace else or remain behind in a place she's come to call home.

Reluctant to give away too much, Tyndall is circumspect when it comes to discussing her character. "Miriam is really strong-willed, and just as we're going through hard times right now, trying to decide not only what's good for us but also

good for a majority of the people, Miriam has to decide when to make selfish and selfless decisions in terms of her wellbeing and the wellbeing of others. She is really an inspiring character."

Tyndall is strong in her own right as well. When she and the *Ori* cast began rehearsals, they expected to perform the piece as a play under the stars and night sky in the Calusa Nature Center Planetarium. But when the pandemic struck, Cavin not only had to change venue, he had to shift to a video presentation.

As it turned out, the change in plans benefited Tyndall in two profound ways. When she was learning her lines and rehearsing to do a live stage play, she had to plan on doing each run sequentially from beginning to end. But that's not how the play was filmed.

"To accommodate everybody's crazy (COVID-influenced) schedules, we filmed the scenes out of order. For example, on Friday we filmed (scenes) 12, 17 and 23."

Cavin has a reputation for writing nonlinear stories anyway, but now Tyndall was also required to perform her role in a nonlinear format, being mindful of her character's progression in both earlier and later scenes but careful not to let that bleed into the current scene. It's a closer approximation to the way in which films are normally shot, but in this case, she had the benefit of being able to compare and contrast the way in which a stage production is performed versus how a movie is typically made.

But performing the part of Miriam also gave Tyndall a greater appreciation for the role of the actor in both a stage production and film. "It was kind of cool to see what happens on the (acting) side, because usually I'm writing the screenplay or serving as the script supervisor, making sure everything is being consistent. I had a lot of questions for Barry, this being his original work, about what he was specifically envisioning for the character in different scenes. It forced me to think about what I wanted the audience to see from moment to moment, and how I could best portray what he wanted, not only as writer, but as the director. Knowing some of the questions an actor might have for the writer, what their initial process is and their intentions for the audience will unquestionably enhance my screenwriting."

Tyndall expects her work with Ghostbird to improve her overall writing skills in other ways too. And because Ghostbird focuses on site specific, in situ theater, it has also taught Tyndall the importance of set and location.

That lesson has been particularly poignant in connection with *Ori*, which was moved to the Buckingham Complex for filming. "Buckingham Complex is so creepy given its history, but also it was kind of beautiful being in this abandoned community where people just got up and walked away. It kind of really fit the setting of the film."

Just as *Ori* has proven to be an invaluable learning experience for the actor-screenwriter-aspiring filmmaker, Tyndall thinks that the pandemic also has valuable lessons to teach.

"I think there are beautiful moments to come out of these hard times if we make of it what we can. While *Ori* has kind of a negative outlook, in the end, it's all about really living in the moment, holding

on to what you have and viewing that as important."

Perhaps we should add philosopher to Tyndall's creative repertoire. Then again, what screenwriter/playwright doesn't have a little bit of philosopher in her?

Ori premieres on Thursday, August 7 on Ghostbird Theatre Company's new YouTube Channel.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.✧

Boys And Girls Clubs After School Program

In response to the Lee County School District's decision to delay the start of the school year, the Boys & Girls Clubs of Lee County has extended summer programming beginning August 10 through 28 at its Lehigh and Renaissance Preserve locations. Registration is currently open and scholarships are available through partnership with the United Way.

The Boys & Girls Clubs of Lee County offers programs that support their priority outcome areas of the arts, education, health and wellness, leadership and service, and sports and recreation.

Enhanced safety and sanitation protocols are in place, which include: daily temperature checks and wellness screenings, handwashing and sanitizing stations, frequent cleaning of all program and high touch areas, reduced capacity to ensure adherence to social distancing, and mandatory masks for both staff and members.

The Boys & Girls Clubs of Lee County will welcome students ages 6 to 12 back for its 2020-21 After School Program, beginning Monday, August 31. Teen programs will also be available. Registration opens Monday, August 10. Club locations, hours of operation, registration and additional information can be found at www.loveleekids.org or by calling 334-1886.✧

From page 2

Historic Downtown

open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Hours for the nonprofit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only. For information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

Visit the IMAG History & Science Center at 2000 Cranford Avenue or at www.theimag.org.

Sources: The Archives of the Southwest Florida Historical Society, the *Fort Myers Evening News*, and *The News-Press*.✧

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Kyle Anne performing

photo provided

Nonprofit Virtual Performance Fundraiser

Big Brothers Big Sisters of the Sun Coast Lee County is hosting a one of a kind musical experience, featuring a virtual performance by Southwest Florida singer-songwriter Kyle Anne on Friday, August 14 from 7 to 8 p.m. The unique performance will be via Facebook Live @BIGSSWFL.

As the nonprofit drives their Empowering Potential Match Campaign to conclusion, they are doing something new in these social distancing times to bring the community together. The goal of their campaign is to continue positively changing lives of area youth through the power of professionally supported one-to-one mentoring.

"We are thrilled to partner with Kyle Anne, a wonderful local musician, to give everyone the opportunity to come together for a break from the stress we are all facing in these trying times, all while making a positive impact on

the children in our community," said Michael Lehnert, community board chair for Big Brothers Big Sisters of the Sun Coast Lee County and attorney at Henderson, Franklin, Starnes & Holt, PA. Those interested in participating can make a donation, double their impact and automatically be entered for a 150 Envelope Chance Drawing. The drawing includes chances to win overnight stays, spa visits, golf packages, restaurant certificates, unique

local experiences and much more.

Winners will be selected at random and must be tuned in on August 14 to claim their prizes that will be announced throughout the performance. All prizes are in-kind donations provided by local businesses in support of the agency's efforts to realize its vision that "all youth achieve their full potential." For more information, visit the agency's Facebook page @BIGSSWFL.✱

Clear The Shelters Pet Adoption Campaign

Lee County Domestic Animal Services has joined NBC-2 and Edison National Bank for this year's Clear the Shelters campaign to promote pet adoptions in the community.

To help individuals and communities continue to practice safe social distancing measures, this year's initiative will run from August 1 through 31, and feature a different "Pet of the Day" whose adoption fee will be waived with an approved application. Adoption fees on all dogs will be reduced to \$25 and all cats to \$20. As always, every adoption of a cat or a kitten comes with the option to adopt an additional feline friend at no additional charge.

This is the sixth consecutive year that NBC- and Telemundo-owned

stations present their popular pet adoption campaign to communities nationwide in partnership with affiliate stations and shelters/rescues. Since 2015, NBCUniversal-owned Television Stations' Clear The Shelters campaign has helped find more than 411,000 new homes for pets. Visit www.cleartheshelters.com for more information.

The adoption center is open from 10 a.m. to 4 p.m. Monday through Friday by appointment only. The application is available online at www.leelostpets.com.✱

Dean's List

Deborah Monforte of Fort Myers has been named to the spring 2020 Dean's List at the The State University of New York at Delhi.

Elizabeth Lorino of Cape Coral has been named to the spring 2020 Dean's List at Roger Williams University in Bristol, Rhode Island.✱

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Girl Scouts is offering a Make New Friends virtual event series photo provided

Preparing Girls For Kindergarten With Virtual Series

Girl Scouts of Gulfcoast Florida and Girl Scouts of the USA are launching a free Make New Friends virtual event series to ensure that all girls are prepared to start kindergarten with confidence. The sessions will be held Tuesday through Thursday, August 11 to 14 from noon to 12:30 p.m., and August 25 to 28 from 4 to 4:30 p.m. The free, four-part virtual series provides opportunities for girls to

strengthen four competencies as they enter kindergarten. Girls will connect with the same new friends each day, as well as Girl Scouts staff and volunteers who lead fun, interactive sessions focused on language and literacy, cognition, approaches to learning, and social and emotional learning. The COVID-19 pandemic and transition to virtual learning and activities have disrupted important educational milestones, particularly for children entering kindergarten this year. Many in-person kindergarten readiness and pre-kindergarten (pre-K) programs have been canceled or modified, including opportunities to meet teachers and classmates and to try out a classroom

activity. Yet, social and emotional learning is essential for success in kindergarten. “Girl Scouts is filling the critical need of preparing girls to learn, lead and thrive in their kindergarten classrooms,” said Girl Scouts of Gulfcoast Florida CEO Mary Anne Servian. “Girl Scouts’ national reach gives girls in all communities the opportunity to learn important pre-K readiness skills. Our Make New Friends virtual event series helps girls create friendships, develop independence and practice social awareness skills, so they are poised for success.” Additional virtual event series sessions are also available now through October. To see a list of available sessions and register, visit www.girlscouts.org/ready. To learn more about Girl Scout programs, membership registration and volunteer opportunities, visit www.gsgcf.org or call 800-232-4475. Program scholarships are available based on financial need.*

From page 1 Invention Camp

percent capacity. Students who are able to do so will wear masks while in the classroom. Breaks from the mask will be permitted in limited safe outdoor situations and for water, snack and lunch breaks (and as needed). Social distancing guidelines will be maintained whether students are wearing masks or not, and whether they are indoors or outdoors. The mask should be washed regularly at home.

Camp sign-in will take place in a car line rather than inside the museum. Each camper will receive a brief symptom and temperature check before exiting their vehicle. No campers experiencing symptoms of COVID-19 will be allowed to enter camp. Per CDC recommendations, camp sign-in times will be staggered: ages 6 to 8 from 8:45 to 9 a.m. and ages 9 to 12 from 9 to 9:15 a.m. Sign-out times will be staggered: ages 6 to 8 from 3:45 to 4 p.m. and ages 9 to 12 from 4 to 4:15 p.m. Early drop off and late pick up will not be available. Games such as tag will be replaced with no-touch alternatives. Group projects will be altered to avoid close proximity and frequent touch surfaces. Daily cleaning protocols have been greatly enhanced. Rigorous hand washing and sanitation routines for campers and staff will be in place. Time spent outdoors will be increased substantially (as weather allows). Edison Ford staff will wear masks at all times. No snacks will be available for sale. The traditional Friday afternoon end of camp celebrations will no longer take place. Throughout the year, other camps and classes are offered when school is closed, including one-day camps and spring and winter break. Edison Ford members receive a discounted rate. For more information, visit www.edisonford.org.*

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION Service 9, and 11 a.m. Children’s RE, Adult Education Forum 10 a.m., www.allfaiths-uc.org, 2756 McGregor Boulevard, 226-0900.
ALL SAINTS BYZANTINE RITE CATHOLIC Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.
ANNUNCIATION GREEK ORTHODOX Sunday 9 and 10 a.m., www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, 481-2099.
BETH YESHUA MESSIANIC SYNAGOGUE Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.
BIBLESHARE 10 a.m. Sunday and 7 p.m. Tuesday, www.simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835.
CHABAD LUBAVITCH ORTHODOX Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.
CHAPEL OF CYPRESS COVE Sunday 10 a.m., www.revtedalhouse@aol.com, 10200 Cypress Cove Circle, 850-3943.
CHAVURAT SHALOM (Fellowship of Peace) Friday Shabbat services led by members at 6 p.m. Saturday morning Jewish current events at 10 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate on Zoom.
CHURCH OF THE CROSS Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.
COVENANT PRESBYTERIAN Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.
CROWN OF LIFE LUTHERAN CHURCH AND CHRISTIAN ACADEMY

Sunday 8 and 10:45 a.m. Jan 1 – Easter; 9 a.m. after Easter – Dec 31. www.crownoflifelutheran.com. 5820 Daniels Pkwy, 482-2315.
REDEEMER CHURCH Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.
CYPRESS LAKE PRESBYTERIAN Sunday 8, 9, 10 and 11 a.m. www.clpc.us, 8260 Cypress Lake Drive, 481-3233.
CYPRESS LAKE UNITED METHODIST Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.
FAITH UNITED METHODIST Sunday 8:45 and 10:30 a.m., 15690 McGregor Boulevard, 482-2030.
FIRST CHURCH OF CHRIST, SCIENTIST Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christiansciencefortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801.
FIRST CHURCH OF THE NAZARENE Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.
FORT MYERS CHRISTIAN CHURCH Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.
FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST; Sunday 10 a.m., 8210 College Parkway, 482-3133.
FIRST PRESBYTERIAN CHURCH OF FORT MYERS 11 a.m. Sunday, www.fpcfmyers.org, 2438 Second Street, 239-334-2261
IONA-HOPE EPISCOPAL CONGREGATION Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.
JESUS THE WORKER CATHOLIC Friday and Saturday, 7 p.m.; Sunday 8, 10

a.m. and 6 p.m., 881 Nuna Avenue, 481-1143.
LAMB OF GOD Sunday 7:45 and 10 a.m., www.lambofgodchurch.net, 19691 Cypress View Drive, 267-3525.
NEW HOPE PRESBYTERIAN Sunday 8, 9:30 and 11 a.m., www.newhopefortmyers.org, 10051 Plantation Road, 274-1230.
PEACE COMMUNITY Sunday 10:30 a.m. www.peacecommunitychurch.com, 17671 Pine Ridge Road, 267-7400.
PEACE LUTHERAN Sunday 8 and 10 a.m., www.peaceftmyers.com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599.
REDEEMER LUTHERAN Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.
RIVER OF LIFE ASSEMBLY OF GOD 8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.
SAMUDRABADRA BUDDHIST CENTER Meditation classes. www.MeditationInFortMyers.org, 567-9739.
SAINT COLUMBKILLE CATHOLIC Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.
ST. FRANCIS XAVIER CATHOLIC Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161.
SAINT JOHN THE APOSTLE METROPOLITAN Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012.
SAINT MICHAEL LUTHERAN Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY Sunday 9:30 a.m., www.saintnicholasmonastery.org, 111 Evergreen Road, 997-2847.
ST. VINCENT DE PAUL CATHOLIC Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.
SOUTHWEST BAPTIST Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.
TEMPLE BETH EL SYNAGOGUE Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel.com, 16225 Winkler Road, 433-0018.
TEMPLE JUDEA (CONSERVATIVE) Friday 6:30 p.m. and Saturday 9 a.m., www.tjswfl.org, 14486 A&W Bulb Road, 433-0201.
THE FAITH CENTER Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212, 278-3638.
THOMAS A. EDISON CONGREGATIONAL Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978.
UNITARIAN UNIVERSALIST Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700.
UNITY OF FORT MYERS Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511.
WESTMINSTER PRESBYTERIAN CHURCH Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.
WORD OF LIFE Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.
ZION LUTHERAN Sunday 8, 9:30 and 10:45 a.m., www.zionfm.org, 7401 Winkler Road, 481-4040. *Email changes to press@islandsunnews.com or call 395-1213.**



Butterfly-attracting Walter's viburnum produces masses of tiny white flowers in spring

photos by Gerri Reaves

Plant Smart

Walter's Viburnum

by Gerri Reaves

Native Walter's viburnum (*Viburnum obovatum*) develops as a shrub or a small tree with a spreading crown that can grow up to 20 feet or more.

Multibranched with dense foliage, it provides cover and nesting sites for small birds.

In the wild, this member of the honeysuckle family grows in hammocks and moist woods, at the edges of swamps and along streambanks.

The small dark green leaves inspire two other common names, small-leaf viburnum and small-leaf arrowwood.

Oval or obovate, the opposite leaves measure one to two inches long and are minutely serrated and fragrant when crushed.

Leathery and tapered at the base, they are glossy on the upper side, and paler underneath.

In South Florida, it is evergreen.

Numerous flat-topped clusters of white flowers bloom in spring and are a nectar source for butterflies.

The profusion of five-petaled flowers makes it a good accent plant, but it can also be used as a hedge or screen if left unpruned.

The tiny drupe fruit ripens from green to red to purple-black by fall and is consumed by birds and other small wildlife.

The rough bark is reddish brown. It spreads by underground suckers and can form thickets. It can also be propagated with seeds or cuttings.

It has a moderate growth rate and is adaptable and storm resistant. It is not prone to any significant diseases or pest problems.

Once established, it tolerates short periods of drought but prefers moist soil in sunny to shady conditions.

It is not salt tolerant.

A dwarf form is also available.

Sources: *Florida Plants for Wildlife* by Craig N. Huegel, *Florida Wild Flowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *National*



Birds and other small wildlife consume the fruit of this native shrub or small tree

Audubon Society Field Guide to Florida by Peter Alden et al., *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *The Shrubs and Woody Vines of Florida* by Gil Nelson,

www.edis.ifas.ufl.edu, www.fnps.org, www.regionalconservation.org, and www.wildflower.org.

Plant Smart explores the diverse flora of South Florida. ✨

Fishing Pier Project To Begin At Matlacha Park

Work to replace the fishing pier at Matlacha Park has begun and is expected to be completed in Spring 2021.

Lee County Parks and Recreation will work to ensure construction does not impact other activities in the park, however, a dozen parking spaces have been blocked off for equipment staging.

In April, the Lee Board of County Commissioners awarded a contract to replace the Matlacha Fishing Pier, to Kelly Brothers, Inc. for the removal and

replacement of the fishing pier.

The \$833,805 cost of the replacement is being funded largely through tourist development taxes collected on short-term lodging rentals.

The new pier will replace the existing pier, which is more than 50 years old and is closed because it has deteriorated from the elements. The project will include new benches, garbage cans, lighting, fish cleaning stations and ADA accessibility features.

The Matlacha Fishing Pier is part of a nine-acre park at the Matlacha Community Park, located along Matlacha Pass. This body of water is famous for catching snook, redfish as well as other local varieties of fish.

Matlacha Park is located at 4577 Pine Island Road in Matlacha. ✨

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The Closure Has Been A Win For Everyone



by Capt.
Matt Mitchell

One of the most frequently asked questions when we get a call from out-of-town clients looking to book a charter is “what can we eat.” Explaining that our main target species of snook, redfish and trout are closed to harvest due to a red tide in 2017-18 sometimes does not go over well. Letting them know that the rebound our fishery has seen since this closure is simply amazing often sells the trip. Although some people just cannot fathom going fishing without killing fish and bringing fillets home.

In retrospect, now that we are more than two years past the worst red tide we have ever seen, the vast improvement in our water quality is heart warming. The Florida Fish and Wildlife Conservation Commission executive order to close harvest to our main target species has saved our fishery for generations to come. Seeing the vast rebound of life along with a recovery in our fishery faster than anyone could have predicted is amazing. While fishing out on the now healthy grass flats, we have been losing count of how many big sea trout we catch and release. This is evidence that this closure has been so important for the long-term recovery of our estuary. It is much more critical than going home with a bag of fillets at the end of a trip.

Some trips we just have to get creative when looking to take fish home. During our colder winter months, sheepshead were our target species. Now mangrove snapper is our go-to food fish. Blacktip sharks are also plentiful and a good fish to eat. Being so focused on catching dinner can really take away from your chance to enjoy some of the most exciting catch-and-release fishing for snook, redfish and trout we have seen in years.

Catch-and-release measures on snook, redfish and trout since our red tide nightmare of 2017-18 have done wonders for our fisheries. Now, every fisherman gets to reap the benefits. Take time to enjoy releasing lots of healthy fish while immersing yourself in the nature around you. Don't rate your trip by the fillets in your ziplock bag, rate it by the experience!

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✪



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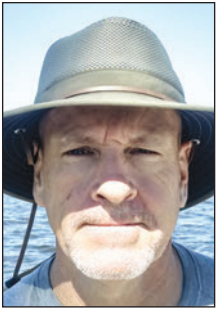
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CROW Case Of The Week:

Baby Eastern Gray Squirrels



by Bob Petcher

Baby eastern gray squirrels (*Sciurus carolinensis*) are among the many newborn animals to grace the space called the baby room at CROW this time of year – a change from several baby bird species taking

up residence during the spring months.

Most of these baby squirrels have reportedly fallen from their nests or been dislodged during strong storms. Two of these patients were the first of their species to be moved outside this season. One was presented as an infant – with its eyes closed and furless – after being found on a rock pile, likely after falling from the nest. It had several abrasions, but was otherwise healthy. It has been in care for about a month and a half.

“Due to the abrasions found on the intake exam, it was put on a seven-day course of antibiotics to prevent infection. Since it was such a small baby, we had to wean it onto an infant squirrel milk formula that is specially designed to fit their nutritional needs. It required six feeds a day, which were spread out every three hours to allow enough time for digestion,” said CROW Rehabilitation Manager



The two patients are being raised together

Breanna Frankel. “Infant mammals require extra time and patience since they need to be stimulated to go to the bathroom – birds can go on their own from the moment they hatch. Before each feed, it had to be stimulated to go to the bathroom, then the bladder, GI and stomach would be examined to determine if it was ready for the next feed. Once its eyes opened, we started to offer a soft diet that included soft fruit pieces and a soaked chow to start the weaning process.”

The second squirrel was admitted as a late infant/early juvenile with a puncture wound on its abdomen, however, it was unclear what caused the injury. It has been in care for a couple weeks.

“Since we did not know what caused the puncture wound – fall from nest versus predator attack – she was put on a five-day course of antibiotics to prevent infection,” said Frankel. “The puncture wound had scabbed over so there was no need for a bandage. She was big enough



photos by Breanna Frankel

that she should have been weaned off milk feeds, but she struggled to start eating the captive diet offered so she was started on milk for support. After a couple days, she started to eat the soft chow with nuts and, from there, she started to eat more of the variety of fruits and vegetables offered.”

Both patients are treated like kindred spirits. “They grew up together and transitioned to weaning diets together, so at this point they have been raised as siblings,” said Frankel. “Due to their development and both being ready to move outside, we transitioned them outside together so they had a friend to socialize with.”

Oftentimes, these babies are brought to CROW unnecessarily. Squirrel moms are said to be very devoted parents and will usually retrieve their young after they have been misplaced from the nest. Unless a baby squirrel is injured and needs medical attention, like these two squirrels, it is best to be left alone to be reunited

with its parents.

“There are occasions when infant squirrels have fallen from their nest and people have attempted to re-nest them but mom never came back. If they were left alone to wait for mom but she didn’t come back, then they truly would be orphaned,” said Frankel. “However, if there was no attempt at waiting for mom, no injuries and (they were) immediately brought to the clinic, then they would be deemed abducted.”

“The (If You Care Leave It There) program stresses that humans are not a young animal’s best hope for survival – they are its last hope. Any young animal should only be removed from the wild after all avenues to reunite it with the parent(s) have been exhausted. We, as humans, can’t teach young birds their native songs. We can’t teach young squirrels or raccoons appropriate body language to communicate with their species. We can’t teach a young osprey how to dive into the ocean to catch a fish. If young animals grow up only in the company of humans, they may not be successful for their species in the long run. The best possible thing for a young animal is to be raised by their wild parents.”

Frankel noted that squirrel patients at the clinic have totaled well over 1,000. “Based on my experience from the past several years, we have been getting less and less abducted animals, in general. The more we educate people and the more we encourage them to call first, the more abductions we have been able to avoid. Of the 29 we have gotten so far this year, only 10 were abducted and two of those

continued on page 16

Girl Scouts Scholarship Recipients

Girl Scouts of Gulfcoast Florida has announced their 2020 college scholarship recipients, including two Girl Scouts from Fort Myers.

A total of 15 girls each received a one-time scholarship, ranging from \$500 to \$1,000. Local recipients include Kaylee Kirchberger from Cypress Lake High School and Shavonne Schrickel from Bishop Verot High School.

The Dr. Elinor Crawford Girl Scout College Scholarship Fund was established

to recognize and celebrate graduating high school scouts who demonstrate the characteristics of the Girl Scout Mission: Promise, and Law; leadership to self and the community; and outstanding academic success. It is named for the late Dr. Elinor Crawford, a former resident of Sarasota. As a professor of physical education at the University of Northern Iowa for 30 years, Dr. Crawford served on the committee that contributed to the writing and passage of Title IX, the most significant piece of federal legislation impacting girls and women in education.

For more information about Girl Scout membership, programs and volunteer opportunities, visit www.gsgcf.org, or call 800-232-4475.✱

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Carol and David Krafft, event organizers
photos provided

Residents At Shell Point Distribute School Supplies

Dozens of residents at Shell Point Retirement Community in Fort Myers recently came together to assemble and distribute school supplies to hundreds of children and grandchildren of Shell Point employees.

Over a three-day period, resident volunteers assembled 725 bags of school supplies, brimming with 24 essential items including spiral notebooks, pocket folders, pencil bag, pencils, pens, colored pencils, erasers, pencil sharpener, scissors, ruler, glue sticks and, due to the current pandemic, a face mask. Volunteers handed out school supplies to Shell Point staff via drive-through pickup.

Shell Point residents have donated school supplies to the families of Shell Point employees each summer for the past 15 years. Shell Point resident volunteers David and Carol Krafft have led the program for the last three or four years, and despite the current pandemic and the uncertainty of what the upcoming school year would bring, residents once again provided this generous gift.

"The employees do so much for us. This is a wonderful way for all of us to show the employees how much we care about them and their families," said David Krafft. "Shell Point residents donate money toward the purchase of the school



Drive-through pickup

supplies and then a team of volunteers assembles the bags, which are distributed to all employees who have children or grandchildren in kindergarten through fifth grade."

"Shell Point is home to approximately 2,500 residents and employs more than 1,100 employees," said Jim Clark, director of employee ministry for Shell Point. "We know that residents want to show employees how much they care in a tangible way. These bags provide a helpful back-to-school boost for the children and grandchildren of Shell Point employees. I know the employees who receive them are incredibly grateful."✱

Food Truck Events At Alliance On Wednesdays

The Alliance for the Arts presents Food Truck Grab-and-Go event each Wednesday, now through August 26. Support local businesses from 5 to 7:30 p.m.

Food trucks will rotate weekly. Pre-order for pickup is available for most trucks. For a full schedule, visit www.artinlee.org/foodtruck.

Food truck staff will wear face coverings, and customers are encouraged to also wear face coverings while waiting in line. Patrons are advised to keep six feet between themselves and others. Trucks will be spaced with proper distance. No loitering.

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, call 939-2787.✱

Application Sites For LeeCARES Assistance

United Way is partnering with Lee County to offer application sites for Lee County residents seeking help with rent, mortgage or utility payments through the Individual Assistance Program.

Lee County residents can apply for assistance at Lee County United Way Houses in collaboration with United Way Partner Agencies.

Participating United Way Houses are: East United Way House, led by Children's Advocacy Center of Southwest Florida, 4040 Palm Beach Boulevard, Fort Myers – Monday, Tuesday and Thursday, 8 a.m. to noon. Call Hannah Arteaga at 313-7720 for an appointment.

Sanibel/Captiva United Way House, led by FISH of Sanibel/Captiva, 2430-B Periwinkle Way, Sanibel – Monday through Friday, 8 a.m. to 4 p.m. Call Nitza Lopez at 472-4775 for an appointment.

Harlem Heights United Way Houses, within The Heights Center, 15570 Hagie Drive, Fort Myers – Thursday and Friday, 10 a.m. to 6 p.m. Call Nancy Sanchez at 482-7706 for an appointment.

MLK United Way House, inside Community Cooperative, 3420 Dr. Martin Luther King Jr. Boulevard, Fort Myers, 9 a.m. to 11 a.m. No appointment necessary.

Social distancing and safety measures will be in effect at each location.

The following documents are what applicants will need to file an application: photo ID for head of household; income documentation; proof of loss of income; lease or most recent mortgage statement; and most recent utility bills (water and electric only).

Under the program, assistance with rent, mortgage or utilities (water and electric) may be provided if an individual has an unexpected loss of income due to Gov. Ron DeSantis' Safer at Home Order, including loss of job or reduced work hours. Payment for those who qualify are made directly to the landlord, mortgage company and/or utility company. Household income must be less than \$55,100 a year for a household of four, or up to \$72,750 for a household of eight at the time of application. Assistance is limited to only one time per household, and assistance cannot exceed \$2,000.

Visit www.leeeflcare.com for more information or to apply. Application instructions are available in Spanish by calling 533-2273; applicants without internet access can also call the number. Hours are 8 a.m. to 5 p.m. weekdays.✱

Teacher Appreciation Contest Open

Healthy Lee invites Southwest Florida community members to share their appreciation for Lee County teachers through its 2020 Teacher Appreciation Contest.

Through August 21, Lee County students are encouraged to share stories of how their teacher has made a difference in their life or the lives of others. To participate, children can create a video, song, artwork or poem honoring a teacher, which can be uploaded by parents or guardians to www.healthylee.com/tac2020.

Teachers will be welcomed back to school with these positive messages, along with prizes and discounts to promote teacher self-care and appreciation in the community. One educator will be selected to win a special gift and other prizes for his or her classroom.

"After ending a particularly unusual school year, we wanted to help teachers and students kick off the new school year on the right foot," said Gary Griffin, chairman of Healthy Lee. "The Teacher Appreciation Contest allows our students to show just how much they appreciate their teachers and all they do to make a difference."

The Teacher Appreciation Contest is part of Healthy Lee's Behavioral Health Coalition's Welcome Week, running August 24 through 28. A week dedicated exclusively to teachers, Welcome Week will feature special offerings and prizes to kick off the new school year and commend local teachers for their impact on education in Lee County.

Individuals and businesses can also contribute to Welcome Week through monetary donations to support classroom upgrades and gifts for contest winners, as well as by providing discounted services for teachers.

To learn more about the Teacher Appreciation Contest and how to honor local teachers, visit www.healthylee.com/tac2020.✱

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Valerie's House Reopens With Support Groups

Valerie's House, the only nonprofit organization in Southwest Florida with its sole mission to help children grieve, has reopened with in-person support groups at its three locations in Lee, Collier and Charlotte counties.

"Grief is already isolating. Having to do it alone is not who we are," said Valerie's House Founder and CEO Angela Melvin. "We have a solid plan in place. However, we also know that at any moment, things can change. We are moving forward, but with caution."

During the past 90 days, 67 new children joined the Valerie's House program, including children who lost a family member to the virus. Valerie's House has been offering virtual support groups since March 29 due to the COVID-19 pandemic. A survey sent to families indicated 80 percent wanted to come back to meeting in person.

Safety precautions will be enacted, including requiring face coverings, social distancing and temperature checks of each person as well as a form that each person will sign attesting they have not been ill or associated with anyone who has COVID-19. Chairs and floor cushions for children to sit on will be placed six feet apart. Some groups will be conducted outside under tents.

"We may not be on the hospital's front lines, but we're right behind them," Melvin said. "That means we have to pivot and adjust. The important thing is that we're together."

All children will receive a face covering at the first meeting that they can decorate in honor of their loved ones. Staff will clean all surfaces each night and there will be a deep cleaning weekly by a professional company. Family dinners will no longer be offered.

Valerie's House has also added nights for grief support to allow for



Children will receive a face covering that they can decorate in honor of their loved ones photo provided

social distancing and increased demand. Groups now will be offered every night Monday through Thursday at each of the locations throughout Southwest Florida. Two additional counselors have been hired to accommodate the expanded schedule, bringing the total number of employees to 10, including three licensed clinicians.

"We are spending money that we had not planned for, but the work we are doing is crucial to helping children during this dark time," Melvin said.

Virtual groups will continue to be available for families who want to continue meeting online. In addition to providing grief support groups, Valerie's House also sends an e-newsletter to their families and focuses their efforts on connecting families with additional resources in the community.

Valerie's House is accepting appointments for new enrollments. Families in need of grief support for children can contact Amy Strom, program director, at 841-9186 or amy@valereshouseswfl.org.

"Our doors are always open to families in grief," Melvin said.✱

Virtual Workshops For The LeeTran Plan Update

LeeTran will host two virtual public workshops to gather public input on its 10-year Transit Development Plan Update.

The virtual public workshops will be on the following dates:

Tuesday, August 11 from 5:30 p.m. to 7 p.m. – Register to attend at <https://attendee.gotowebinar.com/register/6703696414747298319>.

Thursday, August 13 from 5:30 p.m. to 7 p.m. – Register to attend at <https://attendee.gotowebinar.com/register/1807397413423615503>

Each public meeting will feature identical information, but are planned to allow more opportunities for the public to participate at their convenience.

To register to attend, use the links

above. To register via phone or email, contact Yvonne McClellan at 285-7552 or email Yvonne.McClellan@qcausa.com. Each person who registers will receive an invitation email with a unique link to participate in this virtual public workshop. This link should not be shared with others.

Following a brief presentation by LeeTran staff and its consultants, a panel will respond to comments submitted in advance or during the meeting. To submit questions in advance, contact Yvonne McClellan via email at yvonne.mcclellan@qcausa.com or by phone at 285-7552. Submit questions via email or phone by 5 p.m. on the day before the workshop. Include #LeeTranTDP1 or #LeeTranTDP2 in the subject line of your email, depending on which virtual public workshop you plan to attend.

Ideas and opinions from citizens are key to a successful transit development plan that will meet the community's needs.✱

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Book Review

Fair Warning



by Di Saggau

Michael Connelly's latest book, *Fair Warning*, deals with Jack McEvoy, the veteran crime reporter who was in earlier books, *The Scarecrow* and *The Poet*. Now he's working for

a watchdog website called FairWarning where he uncovers scam artists and consumer fraud. Often their stories are picked up by newspapers such as the *Washington Post* and the *LA Times* and even NBC News. The police show up one day to question him about a woman whose neck was broken in what's called atlanto occipital dislocation. The death appears suspicious and McEvoy is considered a suspect because he had a one-night stand with her awhile back.

McEvoy gets involved with solving the case, realizing that he might be facing a criminal mind unlike any he's ever encountered. The police and his editor try to warn him off the case, but when he makes a shocking discovery that involves the crime with other mysterious deaths across the country, McEvoy digs deeper into finding the killer. All the deaths are staged to look like accidents and what links the women together is that they had all signed up for a DNA site, GT23. The firm only charges users a \$23 fee but

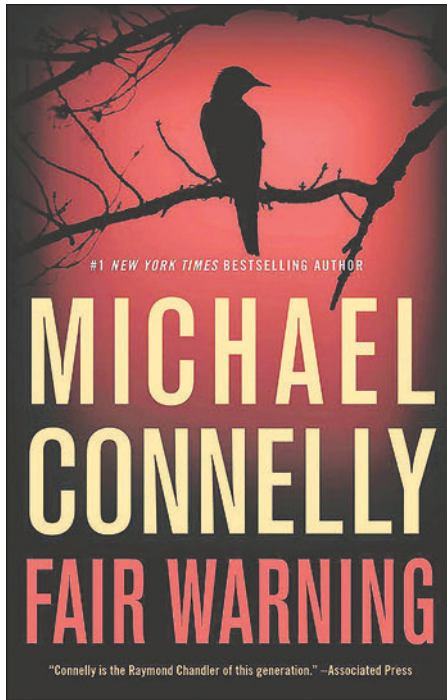


image provided

they sometimes resell the information. It's supposed to be anonymous but it isn't.

A vicious killer called the Shrike has been hunting women, using genetic data to select and stalk his victims. The Shrike takes his online name from a bird that silently stalks its prey and attacks from behind, gripping its victim in its beak and viciously breaking its neck.

McEvoy's special friend, former FBI agent Rachel Walling, joins the hunt. She was fired shortly before being vested for leaking confidential information

to McEvoy and now runs her own background investigation company. The two make a great team as they investigate the billion-dollar world of DNA testing, and involvement of the Federal Trade Commission and the Federal Drug

Administration. When McEvoy finds out that genetic testing was a self-regulating industry with very few government eyes on it, he has a big news story. It all makes for another unputdownable mystery by one of the great crime fiction writers.✪

School Smart



by Shelley M. Greggs, NCSP

Dear Readers, As summer vacation time extends further this year, it's even more important to help your child retain what they have learned in their

previous school year. For most children it is important to practice their math skills, and helping your child become a mathematical thinker is an important way to support your child's classroom learning. Here are some quick and easy ways to work math into your summer routine and help your child develop number sense from the digital site, GreatSchools Staff, at www.greatschools.org/gk/articles/build-math-skills.

Increase your child's awareness of numbers by looking around the house to find examples: the kitchen clock, the calendar, a cereal box, a TV dial, a stamp or inside her shoe. Have her write down the numbers she sees, or give her a number and ask her to look around the house for examples of the number. Boost your older child's awareness of how numbers are used by pointing out the movie times, weather forecasts and sports statistics in your daily newspaper.

Estimation is one way to increase a child's number sense. Before you put a stack of folded towels on a shelf or fill a bowl with peaches, ask your child to estimate how many will fit. Then count afterward to compare the actual number to the estimate. Helping your child learn to make appropriate predictions will help her see how numbers are used in everyday life. Learning to ask, "Is my answer reasonable?" will help her as she tackles math problems in the classroom.

Understanding the concept of 100 is difficult for young children, even if they can count that far. Suggest that your child start making collections of 100 things — rubber bands, watermelon seeds, pebbles or buttons. You can divide the objects in groups of 10 or 2 or 5 to see how these smaller groups add up to 100 in different ways. Seeing 100 will help her conceptualize it.

Help your child recognize numbers and think critically by appealing to his love of mystery. Write out all the letters in the alphabet on a sheet of paper, leaving room underneath each letter for a number. Under each letter, write the numbers from 1 to 26. In other words, a=1, b=2, etc. Practice writing coded messages using numbers rather than letters. You can use the code to leave simple messages from one another.

Many families record the height of their child on a door or wall chart. If you do the same for everyone in the family, your child can join in the measuring and see

how the heights compare. Measurement and understanding relationships between numbers are crucial to the development of mathematical thinking.

The supermarket is an ideal place to use math skills, particularly for older children. Point out that yogurt is \$2.59 a six-pack. Ask how much it would cost to buy 3? Your child can round up to \$2.60 or \$3.00 and figure this out. Talk about how he arrived at that number and point out how the estimate differs from the true cost. Or get the latest advertisement announcing sales from the grocery store. Have her look at the specials on fruit and determine how to spend \$10. Supply her with paper and pencil, and maybe a calculator, as well, so she can practice using calculators the way adults use them every day.

The kitchen is a great place to practice math, as long as there's an adult home to supervise. How many tomatoes will you need to double the recipe for sauce? If you put 10 slices of mushroom on the pizza, ask your child to put twice as many olive slices. How many is that? If there are three people in your family and 15 strawberries to divide equally among them, how many strawberries will each person get?

You don't have to leave home for this game, although it's ideal for vacations. Get out a map that indicates the distance in miles between cities. Measure the distance between Los Angeles and San Francisco, and between Phoenix and San Francisco. Which is greater? How does that compare to the distance between New York City and Chicago?

Give your child an assortment of quarters, dimes, nickels and pennies. Put a piece of fruit on the table and tell him it costs 45 cents. Tell him he needs to find five coin combinations that equal 45 cents. Change the item, raise the price and find five more. Keep a tally of all the ways to pay for each item.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✪

EPIC FIRES OF FORT MYERS

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FSW Posts Video For Students

Florida SouthWestern State College (FSW) has debuted a new video on its YouTube page detailing the changes and precautions students can expect to see when they return to campus and the classroom on August 31.

Changes include one-way classroom entry and exits, socially-distanced desk and seating arrangements and plexiglass barriers at the front of the classroom.

To view the full video, visit www.youtube.com/watch?v=tycpalSd1c8.✪



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Will Power

A Valuable Law School Lesson



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

I was 18 years old when my dad dropped me off as a freshman on the front steps of my dorm at the University of Florida. “You’re on your own now,” Dad said, shaking my hand. “You know your mother and I don’t have funds to help you.” As my parents and younger sister drove away, I wondered how I was going to earn the degrees I aspired to.

Seven years later, I earned bachelor’s and master’s degrees in accounting, then went on to earn a juris doctorate in law. I completed an eight-year program in just seven, often working two jobs at a time to cover expenses. I finished my studies with Patti as

my fiancée.

As school starts again (maybe?) for a new – albeit unique – school year, I can’t help but become nostalgic, particularly with the many memories I have from the University of Florida’s College of Law. Whenever I recall my law school days, I’m often reminded of the hardened, knowledgeable professors who didn’t humor our quick wit, but taught us so much more than we could find in our textbooks.

One such professor was Scott Van Alstyne. He wasn’t your standard law scholar; he became a professor after a storied legal career including stints as the managing partner at two large, well respected law firms in Chicago and Milwaukee. To this day, I can hear his nasally upper-Midwestern accent as he chastised me and my classmates for our dumb answers.

“Mr. Hersch, I wouldn’t trust you to represent me in a parking ticket dispute!” was one of his more humorous jabs I can relay in a family-friendly newspaper.

Some of my classmates, including one who is now president of the Florida Bar, complained to the dean about Professor Van Alstyne’s tactics and salty language, but I understood the goal. An ability to think calmly under pressure was necessary for our careers. Despite the frequent jabs, “Scotty,” as we affectionately called him, became one of my favorite professors. He even hired me as his teaching assistant during my third year of law school, the final stretch before graduating.

Yet, just before the last semester of our third and final year, the Bar decided that all

law students would require the successful completion of an ethics course to graduate. Because our curriculum was set, they squeezed Ethics 101 into an already jam-packed schedule. You may have heard that in the first year of law school, they scare you to death, in the second year, they work you to death, and in the third year, they bore you to death. The third year is particularly difficult to survive because most students have jobs lined up.

However, our ethics professor didn’t show us sympathy. He was a recent graduate himself, but the worst was the starting time of his two-hour class – 7:30 a.m. every Thursday. On Wednesday evenings, CJ’s, a local oyster bar, featured \$2 pitchers of beer for law students. CJ’s was rustic, complete with cement floors, picnic tables and a jukebox. I have great memories of eating greasy wings and singing Jimmy Buffet tunes arm in arm with my classmates atop the tables into the wee hours of the night.

It’s also where another classmate (who would later become my sister-in-law) introduced me to Patti, with her sparkling green eyes. When summoned, I jumped off a table to introduce myself, sloshing a red Solo cup full of beer following a rousing rendition of *Cheeseburger in Paradise*. But that’s a story for another time.

So, you can imagine how we fared during this sunrise class. After one particularly rowdy evening, the professor bellowed, “Mr. Hersch, a man walks into your office with a smoking gun, slams it down on your desk, and says, ‘I just shot a man with this gun.’ What do you do?”

Still groggy and hoarse from the night before, I smiled broadly and said, “I would tell him to get the hell out of my office as I’m a tax attorney, I don’t practice criminal defense law!” The class erupted in laughter, and I beamed with pride at my own cleverness. The professor, clearly not amused, and due to his youth was sensitive about perceived challenges to his authority, stared me down as the laughter dissipated, resulting in an awkward silence. Only then did he growl at me to visit with him after class.

Once in his office, I was met with a seemingly endless diatribe, lasting so long that I missed my next class. He didn’t like my joke, eventually marking me with a C+ for the semester despite my feeling that I nailed the final (my other grades that term included 4 As and a B+). I laugh now when recalling the experience, but I learned a valuable lesson when to keep wisecracks to myself.

It’s been more than 31 years since I graduated from law school, but there will always be something special about the time I spent in Gainesville. It was hard work, but the professors, nights at CJ’s, and the expertise I left with made all the work, studying and late nights worth it.

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Horizon Foundation 2020 Slate Of Officers

Seven Lee County business leaders have been named to the Horizon Foundation’s incoming board of directors. The Horizon Foundation is a charitable organization that raises private sector money to support the Lee County Business Community. Horizon Foundation acts as the primary funding partner to the Horizon Council, which is an advisory board to the Lee County Board of County Commissioners and the Lee County Economic Development Office.

The board will be led by president Dan Eveloff of Regions Bank, the past Horizon Council chair. Gail Markham of Markham Norton Mosteller Wright & Company PA will serve as vice president. The secretary role will be filled by Kristy Knupp of Chico’s FAS. Mark Stevens of Stevens Construction was named as the Horizon Foundation treasurer.

Voting members of the Horizon Foundation board also include the immediate past president of the Horizon Foundation, Wayne Kirkwood; the chair of the Lee County Industrial Development Authority, David Barton; and the director of the Lee County Economic Development office, John Talmage. In addition, two additional members at-large will be elected at the foundation’s annual meeting. These two individuals will represent Horizon Foundation investors and will be nominated and elected by peer investors.

Additionally, Chris Spiro, the chair of the Horizon Council, will serve as an ex-officio member and advisor to the board. Dilman Thomas, CFO of the Horizon Foundation, is the organization’s business

community liaison.

The board of directors is committed to the Horizon Foundation’s vision of supporting, fostering and encouraging economic development, diversity and inclusion in the Lee County business community. The foundation plans to create a robust series of online meetings with Horizon Foundation members and investors to help retain local businesses and encourage and attract new businesses to Lee County. More news and information to include the 2021 annual meeting and possible President’s Circle events are forthcoming.

“Although the pandemic may have slowed us down and placed many of our public events and meetings on hold, Horizon Foundation directors have been working behind the scenes to develop and execute new bylaws that will allow us to better support our Lee County business community and grow our local economy,” said Eveloff. “Our positive community and business impact is a direct result of the investment Horizon Foundation members and investors make each year.”✧

Campaign Promotes CDC Safety Guidelines

As COVID-19 continues to spread in the community, Lee Health and Lee County have joined efforts to launch the Together, We Can campaign to remind the community of the importance of following CDC guidelines to protect Southwest Florida from COVID-19 and minimize the spread of the virus.

Since the start of the pandemic, Lee Health and Lee County officials have worked together to educate the public

about the novel coronavirus and ways to prevent and control the spread throughout the community.

The virus can be spread by respiratory droplets as well as asymptomatic carriers, so wearing a mask or face covering in public along with practicing good hand hygiene and social distancing are the easiest and safest ways to slow the spread of the virus. CDC guidelines also recommend sanitizing high touch areas, avoiding touching your face and coughing and sneezing into your elbow.

“Now, more than ever, it’s important to continue to follow safety precautions that we have been advocating since the start of the virus,” said Larry Antonucci, MD, MBA, Lee Health president and CEO. “As a community, we have been doing a good job practicing the recommended safety measures. The virus will continue to be a part of our lives for some time, and it’s vital that we don’t let our guard down or get complacent in the fight. Together, we can stop the spread.”

“During this challenging time, we appreciate the collaboration with Lee Health to reinforce our commitment to keeping the community safe from the virus,” said Brian Hamman, chairman of the Lee Board of County Commissioners. “We must all come together and do our part to keep our friends and family safe, provide help for those who need it and safely keep our businesses open. Together, we can protect the things we love about Southwest Florida.”

Enlisting the help of the Florida Department of Health, Lee County School District, Lee County Sheriff’s Office and Lee County Emergency Medical Services, Lee Health and Lee County officials collaborated on the development of numerous promotional elements that are featured throughout

the campaign including logo, videos, digital billboards, direct mail piece, social media ads, and TV and radio spots. The campaign will run throughout the summer.

For more information, visit www.leehealth.org or www.lee.gov.com/covid-19.✧

County Makes Offer On Property For Conservation

The Lee County Conservation Land Acquisition and Stewardship Advisory Committee (CLASAC) met on July 17, where it was confirmed that the county has made an offer to the owner of the Eden Oak property for the county’s Conservation 20/20 program. The property was nominated in late 2019 for the program.

Its nomination process is running parallel to the county zoning change requested by the owner. The final county staff/applicant hearing will take place on December 11.

Eden Oak was not on the CLASAC agenda this month and there was no new information presented, but the status of the late June County offer to the property owner was confirmed and staff stated that the negotiations were ongoing. No further information is currently available on the offer.

If negotiations go smoothly, there may be an Eden Oak negotiation update at the next CLASAC meeting scheduled for Wednesday, August 19. Sanibel-Captiva Conservation Foundation (SCCF) is actively monitoring this program and will provide any updates.✧

Lee Health Adds Eight Resident Physicians

Eight new resident physicians recently began their training at The Florida State University College of Medicine (FSU COM) Family Medical Residency Program at Lee Health.

The new residents include: Dr. Francesca Blazekovic from Port Charlotte; Dr. Jenna De Francesco from Naples; Dr. Thomas Flynn from Sarasota; Dr. Shane Geffe from Cape Coral; Dr. Joseph Guernsey from Ave Maria; Dr. Gerard Mulles from Fort Myers; Dr. Dakin White from Bradenton; and Dr. Luke Wren from Carmel, Indiana.

The FSU COM Global Health Fellowship Program also welcomes two new fellows: Dr. Bradley Green, Global Health Fellow, who completed residency in Cleveland, Ohio; and Dr. Alice Shallcross, Global Health Fellow, who completed residency in Milwaukee, Wisconsin.

"We received more than 1,500 applications from U.S. medical students and physicians from all around the world," says Alfred Gitu, MD, program director of the residency program at Lee Health. "Our program continues to grow and

expand with residents who are passionate, compassionate and academically strong. The new class of residents scored in the top 20 percent in the nation on the United States Medical Licensing Examination, and they are dedicated to caring for the underserved."

Based at Lee Memorial Hospital with The Florida State University College of Medicine as its institutional sponsor, the residency program was created to abate the shortage of primary care physicians anticipated nationally, an issue that is compounded locally by rapid population growth in Southwest Florida. Medical school graduates are required to complete residency training in their chosen specialty to become independently practicing physicians.

Statistically, about 60 percent of residents will practice medicine in the same area in which they are trained. Since 2014, when the program started, 18 of the 32 graduates (56 percent) of The Florida State University College of Medicine Family Medicine Residency Program at Lee Health have stayed in Southwest Florida following graduation from the program. Four graduates of the residency program were accepted into fellowship programs with one planning to return to the area to practice medicine following her fellowship training.✪

Cardiovascular Program Donation

Florida SouthWestern State College's (FSW) Cardiovascular Technology program has received a \$500,000 donation from Donna Sublett in memory of her husband James E. Sublett.

The FSW cardiovascular technology lab and classroom will be named the James E. Sublett Cardiovascular Laboratory and Classroom, and the funds will be used to enhance the simulation aspects of the program, providing FSW's Cardiovascular Technology (CVT) program the opportunity to purchase Gaumard HAL and TactEX simulators.

The Gaumard HAL is an advanced adult patient simulator that will enable students to sharpen their patient assessment and critical care skills. It utilizes wireless and tetherless technology and is completely self-contained. HAL supports real electrocardiogram (ECG) monitors, oximeters, blood pressure (BP) cuffs and defibrillators, just like a real patient. Students will be able to practice a wide variety of patient-related clinical scenarios including acute myocardial infarctions and cardiogenic shock.

"The TactEX simulators are cardiac catheterization simulators that will allow true tactile experience for the students and enable us to offer laboratory experiences we are unable to offer with our existing simulators," said Jeff Davis, program director, FSW Cardiovascular Technology program. "The STEMI Steve cardiac catheterization simulator will allow students to develop and sharpen their clinical 'hands-on' skills by actually performing cardiac catheterization procedures in simulated elective and emergency cases including ST Elevation Myocardial Infarction (STEMI) scenarios. This donation will allow us to take the CVT program to new heights and allow students to graduate and enter the cardiovascular profession with additional knowledge and skills to provide expert and professional care to the patients and health care teams they serve."

The Subletts have been Southwest Florida residents for over 30 years and have actively and generously served Southwest Florida in business, church and community.

"Jim would be very happy knowing that we are contributing to the technological field of cardiovascular medicine in his name," said Donna Sublett. "He was a wonderful mentor and teacher, and his heart was always with the young and curious."✪

Superior Interiors

How To Style Open Shelving



by Jeanie Tinch

Shelves can be a very tricky aspect when it comes to home design and decor. Using them strictly for storage can be convenient, but it can also be unappealing when they're out in the

open for guests to see. Incorporating the right amount of accessories and personal style into the bookcases, floating shelves, etagere and other shelving systems in your home can help you accentuate the space and make your rooms feel more comfortable and put together.

As with any other redecorating task, it's always important to start with a fresh, clean slate, free of clutter. Dedicate time to donating items that you don't use anymore and throw away the mess that's merely taking up space. Once you have empty shelves, you can get serious about how you want them to look and what accessories will look best.

Instead of throwing random objects and accessories on your shelves, designate a theme around the rest of the room. For instance, if your bedroom emphasizes white, you may choose black objects to place on the shelves for a monochromatic look. Once you choose a theme, you can

have fun with colors and accessories like vases and artwork. You may even consider completely redecorating a room based on the theme you want to use for your shelves – don't be afraid to let this piece of decor transform your living space.

Most people use shelves for books, and with good reason. But styling your shelves doesn't mean you have to eliminate them from the space. Instead, take advantage of them. Stack novels, magazines, cookbooks and other reading material horizontally or vertically to add dimension to the shelves. You can even place objects on top of stacked books to give them additional purpose.

Once the books are in place, have fun with the accessories. Plants and candles make gorgeous traditional options for most shelves, but you can also place vases, artwork, photos, paperweights and other trinkets that flow with the overall theme of the room. Don't be afraid to branch out and place a variety of accessories among the shelving that you normally wouldn't think to put on display, such as your own personal photography or vintage trinkets you've held on to for years.

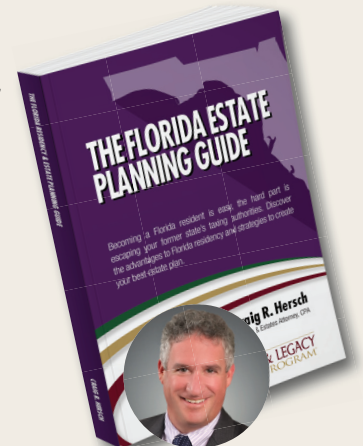
When it comes to decorating shelves, less is more. Just because you have the room to place objects, doesn't necessarily mean you have to. Empty space on shelves is just as important as the used area. In this scenario, it's all about balance. Use a variety of sizes when it comes to picking accessories, but always make sure there's space for these objects to breathe.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindeciden.com.✪

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by Craig R. Hersch
Florida Bar Board Certified Wills,
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Frankly Speaking



by Howard Prager

It's one, two, three COVID and you're out... I think we've now seen what it's like in and out of a "bubble." It does seem much safer in the bubble. Since Major League Soccer (MLS), National Basketball

Association and National Hockey League tournaments have started, they haven't had to cancel games like baseball has, although one team dropped out of the MLS tournament early on. One difference is these leagues are either finishing their season or having a playoff tournament. Baseball's season is just finishing its second full week and still cancelling games, this time because of the St. Louis Cardinals having several players testing positive. National Football League training camps just started. But given the exposure, the number of players and the travel, is it wise? Rob Manfred and Roger Goodell think they will get a "full" season in, no matter how shortened. I would take odds that neither of the leagues do. It just doesn't seem likely. More players continue to opt out of playing in each league.

This has now extended to the college sports with players opting out there as well. And now a group of players from the PAC-12, two from each of 10 conference schools have said they are opting out of training camp. As reported first in *The*

Athletic and *Sports Illustrated*, PAC-12 players issued a series of demands to the commissioner for playing around health, safety and economic practices. These include specific health and safety protections, preservation of non-revenue sports, a joint task force to address racial injustice, and economic freedom and equity including guaranteed medical coverage, name, image and likeness rights, and fair market pay based on a revenue-sharing model. To me, some of these are no brainers which should be on the table across all Power 5 conferences around health, safety, racial injustice, medical care. Some, like revenue sharing is a non-starter, especially during the pandemic. How these issues will get shared and who participates in the discussion is yet to be seen. California and Arizona are already experiencing a big uptick in number of COVID-19 cases and deaths, and their schools may go online this fall. What then? Oregon safety Jevon Holland said regarding Covid-19, "We don't know the long-term risks. We have no idea how it's going to affect our body regardless if we show symptoms or not and we want to protect our families like you protect yours. I refuse to put my health at risk for somebody else's benefit." As football schedules in all conferences get truncated and limited to playing in-conference schools only, we will see what happens as this story continues to unfold.

The other disappointment with college sports has to do with their highly paid coaches. Many faculty and administrators at colleges and universities have taken a pay cut this year, including 33 of the 75 Power Five schools where at least one

football or basketball coach has agreed to have his pay cut to deal with the financial crisis brought on by the pandemic.

"Most of the highest-paid college football coaches have avoided the voluntary salary reductions that have swept Power Five programs," according to ESPN. ESPN surveyed the 65 Power Five conference schools along with 10 other prominent basketball programs. "Eight of the 10 football coaches with the largest salaries during the 2019-20 academic year have not had their salaries reduced, including Clemson's Dabo Swinney (\$9.3 million) and Alabama's Nick Saban (\$8.9 million), the two highest-paid coaches in the sport. Among basketball coaches, half of the 10 highest paid have not taken cuts, including Kentucky's John Calipari, the nation's top paid coach." Folks that's just not right. If other faculty and administrators are taking pay cuts, and at salaries that are certainly far less, these elite coaches should also do the right thing.

Here is the right thing, a good news story about tennis in Italy. Carola and Vittoria are two young 11- and 13-year-old girls who made a sensation earlier this year with their playing tennis on the rooftops of their buildings in Italy. One would be on one rooftop and the other across

the street. The video of them playing went viral. Enter their favorite player, Roger Federer. As they were doing what they thought was another TV interview, Federer showed up to surprise them and to play a little rooftop tennis. The girls were ecstatic. The video showed them playing on one rooftop with Federer on another. Afterwards he took them out for some pasta. They kept saying they could not believe it. He said this was one of the more memorable moments in his career. That's awesome. Afterwards he sent them a video chat and gave them a free scholarship to attend Rafael Nadal's summer tennis camp, thanks to his sponsor. Visit www.atptour.com/en/news/federer-rooftop-tennis-july-2020 to see this yourself.

At a time when we look at big-time athletes and coaches as aloof, how nice to see a tennis star being so down to earth, connecting with some of his youngest fans, and having a ball in the process. That's what sports should be all about.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews.com.

Golf Tournament Benefits Youth

The Heights Foundation 5th annual benefit golf tournament, Swing Fore The Kids, will take place at Old Corkscrew Golf Club on Friday, September 25. Registration begins at 11:30 a.m. There will be a boxed lunch, a shotgun start at 1 p.m. and hors d'oeuvres, auction and awards at 6 p.m.

Proceeds from the event support The Heights Center's programs that work to build strong, self-sufficient families in the Harlem Heights neighborhood of Fort Myers. Last year's tournament raised \$34,000. The 2020 presenting sponsor is Five County Insurance.

"The poverty rate for children in Harlem Heights is more than twice the county average," said Jim Sanger, chief operating officer of The Heights Foundation. "This tournament will help support programs at The Heights Center including School Success and our enriching summer camp."

Tournament registration is now open. A foursome is \$600 and two golfers are \$300. Sponsorships that include golf

packages and recognition are available. The sponsorship deadline is September 11 and golfer registration deadline is September 18.

Old Corkscrew Golf Club is located at 17320 Corkscrew Road in Estero. For more information, visit www.heightsfoundation.org/golf, call Jim Sanger at 482-7706 or email jim@heightsfoundation.org.

From page 9

CROW Case

were able to be re-nested."

Meanwhile, the outdoor buddies continue to bond.

"They are acclimating very well to our outdoor enclosures," said Frankel. "They will likely be in care for another week or two before we consider them for release."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

SPORTS QUIZ

1. The annual award presented to the most outstanding wide receiver in NCAA Division I football is named after what Pro Football Hall of Famer?
2. What former major-leaguer, who retired from playing in 2001, is paid an annual salary of \$1,193,248.20 from the New York Mets through the year 2035?
3. "We're talking about practice! We ain't talking about the game! We're talking about practice, man!" is a 2002 press conference quote from what four-time NBA scoring champion?
4. What 1990 sports drama film starred Tom Cruise as NASCAR driver Cole Trickle?
5. The Kansas City Chiefs retired jersey No. 3 in honor of what placekicker?
6. How did former North Carolina Tar Heels basketball star Joel Berry II break his hand just before the start of the 2017-18 season?
7. Hughie Jennings holds the Major League Baseball career record for most times hit by a pitch with how many?

ANSWERS

1. Fred Biletnikoff. 2. Bobby Bonilla. 3. Allen Iverson. 4. "Days of Thunder." 5. Jan Stenerud. 6. He punched a door after losing at a video game. 7. 287.

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dearRPharmacist

Thyroid Eye Disease Infusion



by Suzy
Cohen, RPh

Dear Readers:
The prescription infusion Tepezza was recently approved by the FDA to treat thyroid eye bulging which is related to Graves' disease. This is

an autoimmune thyroid condition that increases thyroid hormones in the body, and it impacts the eyes sometimes. Every person is different of course, however, when the eye is affected due to thyroid illness, it causes great discomfort as well as eye bulging, termed proptosis.

Just to clarify, Graves' disease is one of two different thyroid autoimmune conditions. Graves' causes the thyroid hormone to swing high and low, but mainly high. Using thyroid medication may exacerbate the problem because the hormone is already elevated. The other disease is Hashimoto's Thyroiditis or "hashi" for short, which causes the opposite problem. In this case, thyroid hormone swings high and low, but eventually becomes deficient, and the person is supported on thyroid medication, or supplements.

With Graves' disease, the eyes are probably the most outward manifestation of the illness that is taking place inside the body. Tepezza has been shown to very quickly improve double vision, bulging, visual acuity and eye pain and swelling. The eye bulging was reduced by at least two millimeters.

The medication is given via intravenous (IV) injection; it is not an eye drop. The infusion drip is given over an hour, and conducted once every three weeks. The course of therapy requires eight separate infusions.

You may be wondering:

Is it treating the Graves' disease? No, it's specifically for the eye-related concerns, especially those related to eye bulging.

Is it useful for other vision problems like retinopathy, glaucoma, floaters or cataracts? No, not at all.

Is it stopping the autoimmune process within the body? No. Autoimmune conditions are difficult to manage, but not impossible. I've seen a lot of success when people reduce their body's toxic load for undigested food particles. You can do this with various different digestive enzymes such as pancreatin, DPP-IV, Pepsin, Amylase, Lipase and Protease. It is the partially undigested food particles that leak into the blood stream and ignite the immune system such that it destroys your thyroid gland little by little. Another theory behind autoimmune diseases is that they are driven by pathogens in the body, like viruses or bacteria. Some of us inherit genes that predispose us to a particular condition.

Tepezza's side effects include muscle cramps or spasms, nausea, hair loss, diarrhea, fatigue, hearing difficulties, headache and possible taste perception alterations. It is not a given you get those of course, but the participants in the study have to report whatever happens to them during the clinical trial, so these are just possibilities. Other more serious reports included infusion reactions, a worsening of inflammatory bowel disease and hyperglycemia. Naturally, hyperglycemia occurred more often in people with pre-existing diabetes.

If you are looking for specific information on Graves' disease, Hashi's or hypothyroidism in general, I offer natural solutions for your consideration. These are discussed in my articles that are archived at www.suzycohen.com and in my best-seller *Thyroid Healthy* available on Amazon or my website. For more information about the medication I've discussed today, visit www.tepezza.com.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com. ✨

support," said Larry Antonucci, MD, president of Lee Health. "Our presence also goes well beyond medical care. We contribute greatly through educational programs and local partnerships with a variety of organizations for the betterment of the entire community."

Contributions include charity care and discounted care for the poor and uninsured, wellness programs, education, community health programs, unpaid Medicare and Medicaid, as well as the cost of providing special programs throughout the community.

As one of its many partnerships, Lee Health collaborates with United Way in the Dunbar, North Fort Myers and Cape Coral offices of Lee Community Healthcare, which are available to low-income and underinsured families, providing much needed access to primary care within the community. Golisano Children's Hospital of Southwest Florida, the only acute care children's hospital between Tampa and Miami, has provided support and education through the Child Advocacy Program to more than 106,000 people in Lee and Collier counties, including unintentional

Doctor and Dietician

Schedule A Day Of Rest In Your Week



by Ross Hauser, MD
and Marion Hauser, MS, RD

Back in the day, many held to the practice of honoring the Sabbath. From the Judeo-Christian faith, this meant typically observing a day of rest on Saturday or Sunday. On this day, no household chores (aside from meal prep, etc.) occurred. As our society progressed, we have gotten away from this tradition because we all have so much to do and so little time. Unfortunately, many of us, and we include ourselves, struggle with burnout because we are always on the go.

Burnout is a real thing. We see it in our patients too. People experience an overwhelming sense of failure and doubt, depression, lack of confidence and motivation, and feel extremely exhausted, lacking energy and completely drained. With this comes increased conflict with anyone you come in contact with – family, friends and workmates. Throw in what is happening to our society at large right now and you have a set up for disaster.

Most of us want to have energy, love our jobs, enjoy our friends and family – basically love life. But if we are

starting the downward spiral, it's time to do something about it.

A day of rest. As hard as this is for us to do, we highly recommend it. This is a day that is planned in the calendar to rest, relax, be in the moment (versus every minute planned), and a time to cultivate and nurture relationships with our tribes. Or if you are with people every day of the week, maybe you need to spend some time alone?

Our bodies need to rest in order to function optimally. We will actually be more productive during the other six days of the week if we take a day to rest our minds, bodies and spirits. What does that look like? It is different for each of us. We recommend considering anything that feels like work should not be done on this day. Some find cooking energizing, while others find it overwhelming. Some love gardening while others despise it. Reading a book may calm your mind and allow you to forget about the rest of your to-do list for a while.

We also ask that you consider a "digital Sabbath" – in that you intentionally and significantly reduce your connectivity to your devices – phones, ipads, video games, television, or any electronic gizmo. Our brains are in constant states of over-processing, as you read from last week's article, and are unable to drain properly. It may seem impossible to disconnect completely, so start with significantly reducing it. Put the phones away in another part of the house. Keep the TV/gaming stations turned off. Turn off the TV.

Then... rest. Pick a day of rest and make it your own.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com. ✨

Health System Reports Millions In Benefit Increase

Lee Health's annual Statement of Community Benefit for fiscal year 2019 was recently published, revealing \$531.6 million in community benefits by the health system – a benefit increase of more than \$61.5 million over 2018. The report is a national standard of measurement that determines a monetary value for the health system's community commitment and the financial investments it makes to help strengthen health and human services. The increase was attributed to higher costs of charity care for low-income patients, unpaid Medicare, Medicaid, other government-sponsored programs and providing community benefit outreach.

"As one of the largest public health systems in the country, Lee Health continues to provide healthcare services without any direct community tax

injury prevention and health education ranging from correct installation of child safety seats to classes to help parents learn and implement "building blocks" for strong child development.

Lee Health initiatives are also helping to bring a culture of wellness through various means such as free health fairs held in local schools, shopping centers, businesses and festivals; reaching people in the places where they live, work and play. The Healthy Life Centers at Coconut Point, Babcock Ranch, Cape Coral and Fort Myers offer services and education to support healthy lifestyles, early detection of disease and chronic disease management. They offer screenings, classes, workshops and seminars on a variety of wellness topics, and are staffed by personal health advocates and health guides who assist individuals in person to help navigate their health care needs.

More than 40 physicians and health professionals donate their time to Lee Health's Speakers' Bureau, connecting directly with patients through question-and-answer sessions held at local venues. Lee Health employees also donate thousands

of hours each year through leadership roles on various boards of directors, chambers of commerce, social services agencies and organizations.

Community benefit calculations are over and above the economic value that organizations like the health system provide each and every year through jobs and benefits, and reinvestment into facilities, technologies, clinical programs and services. The methodology for calculating is used nationally.

Lee Health continues to provide benefits to the community well in excess of the value of its tax exempt status. As a public, not-for-profit entity, the health system was exempted from paying approximately \$76 million in taxes for fiscal year 2019, an amount that is overwhelmingly outweighed by the \$531 million the health system provided in net benefits given back to the community.

Nonprofit hospitals and health systems are required to provide community benefit reports annually and to research community health needs every three years. Visit www.tinyurl.com/communitybenefit2019 to view full report. ✨



Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500
ARTS	
Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Harmonica Band	610-653-7940
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321
CLUBS & ORGANIZATIONS	
American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	https://www.audubonswfl.org/
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900
AREA ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to: press@riverweekly.com

My Stars ★★★★★

FOR WEEK OF AUGUST 3, 2020

Aries (March 21 to April 19) Don't gnash those pearly whites because you might have to delay your plans. This could give the Lucky Lamb a better perspective of what's been done, and what still needs doing.

Taurus (April 20 to May 20) Scoring financial bull's-eyes is easy for the focused Bovine who knows the ins and outs of the marketplace. But even with your success record, caution is still the watchword.

Gemini (May 21 to June 20) Watch that tendency to over-romanticize a situation that should be given closer scrutiny. Better to be suspicious now and ask for an explanation, rather than face a sad surprise later.

Cancer (June 21 to July 22) Bruised self-confidence can make things difficult unless you accept the fact that you have what it takes. Ignore the critics and concentrate on believing in yourself. Good luck.

Leo (July 23 to August 22) Congratulations on what you've accomplished. But this is no time to curl up for some serious catnapping. Your rivals are probably already working on plans to overtake your lead.

Virgo (August 23 to September 22) Your adventurous side wants to play a more dominant role this week, and you might want to oblige. Try to arrange for some getaway time with that special person.

Libra (September 23 to October 22) Taking logical approaches to pesky workplace issues can help resolve even long-standing problems. A shift in policy might catch you by surprise. Be alert to signs of change.

Scorpio (October 23 to November 21) Your kindness and compassion are exactly what are needed in dealing with an awkward situation in the early part of the week. Share the weekend fun with family.

Sagittarius (November 22 to December 21) Keeping your focus straight and true is a good way of getting your points across. Save any variations for a later time. The musical arts are important this weekend.

Capricorn (December 22 to January 19) Reject advice to cut corners in reaching your goal. Better to take a little more time to do the job as you promised. You'll gain new respect for your honesty and integrity.

Aquarius (January 20 to February 18) Don't allow a troublesome situation to grow so big that it will be increasingly difficult to deal with. The sooner you speak up, the sooner everyone will be able to benefit.

Pisces (February 19 to March 20) Confronting someone who is making a lot of mistakes could be the kindest thing you can do both for that person and for anyone who could be adversely affected by the errors.

Born This Week: You absolutely glow when you see beautiful things, and everyone around you is warmed by your light.

MOMENTS IN TIME

• On Aug. 13, 1899, Alfred Hitchcock is born in London. His innovative mastery of suspense made him one of the most popular and influential filmmakers of the 20th century. In 1925, he directed his first movie, *The Pleasure Garden*, a silent film.

• On Aug. 11, 1934, a group of federal prisoners classified as "most dangerous" arrives at Alcatraz Island, a 22-acre rocky outcrop situated 1 1/2 miles offshore in San Francisco Bay. The convicts were the first civilian prisoners to be housed in the new high-security penitentiary.

• On Aug. 16, 1948, baseball legend George

Herman "Babe" Ruth dies in New York City. For two days following, his body lay in state at the main entrance to Yankee Stadium, and tens of thousands of people stood in line to pay their respects.

• On Aug. 15, 1969, the Woodstock music festival opens on Max Yasgur's 600-acre farm in upstate New York, with folk singer and guitarist Richie Havens kicking off the event. Approximately 400,000 people attended, most of whom did not pay for the \$24 tickets.

• On Aug. 14, 1971, St. Louis Cardinals ace Bob Gibson throws his first career no-hitter in an 11-0 victory over the Pittsburgh Pirates. In 1964 Gibson won his first World Series Most Valuable Player Award.

• On Aug. 10, 1984, the action thriller *Red Dawn* opens in theaters as the first movie with a PG-13 rating. The Motion Picture Association of America created the PG-13 category to indicate film content with a "higher level of intensity" than PG.

• On Aug. 12, 1990, fossil hunter Susan Hendrickson discovers three huge bones jutting out of a cliff near Faith, South Dakota, part of the largest Tyrannosaurus rex skeleton ever found. The 65 million-year-old specimen dubbed Sue, after its discoverer, is 42 feet long with a 2,000-pound skull and 58 teeth.

NOW HERE'S A TIP

• Here's a great tip when making creme brulee: Make sure you use a wide, shallow dish. The size is important, because if it's too deep, the center won't set, and if it's too small you won't get that great cracking top!

• "Have long nails? Stuff a piece of a cotton ball in the fingertip of your gloves to keep your nail from piercing the gloves. Just a tip for staying safe and germ-free." – IR in Georgia

• If you have a screw that is stuck, try giving it a blast with a hair dryer. The heat can sometimes help to loosen it up.

• Beginning sewers can practice on a piece of Styrofoam from a meat tray (clean) or a takeout container. You can find large plastic needles at a craft store.

• "If you want to remove fat from your broth, simply set a bowl filled with the broth in the fridge for a few hours. As the liquid cools, the fat will separate to the top and harden, making it easy to scrape off." – WL in Minnesota

• "To whiten my yellowed tablecloth and napkins, I sliced several lemons and put them in a big pot of boiling water. I removed the water from the stove and soaked the cloths. After the water cooled, I rinsed them and hung them to dry in the sun. They are like new." – AC in Missouri

STRANGE BUT TRUE

• There is symbolism in Disney's Cinderella mosaic. The company says that "guests can see that each of Cinderella's stepsisters appears with her own special facial tint. One sister displays a red tint to show that she is 'red with rage,' while the other sister displays a green tint to show that she is 'green with envy,' as they watch Cinderella try on the glass slipper to reveal a perfect fit."

• Eating more candy in one sitting causes fewer cavities than spacing it out through the day.

• *The Hound of Heaven* poet Francis Thompson is listed as a Jack the Ripper suspect. Although there is no physical evidence to back up this bizarre claim, independent researchers say the imagery in Thompson's poetry, plus his background as a medical student, are valid grounds for suspicion!

• Sorry, but that cream filling in Twinkies isn't cream at all – it's vegetable shortening.

• Due to heat expansion of its iron, the Eiffel

continued on page 22

PUZZLES

Answers on page 23

Super Crossword

GOOD-LOOKING BEGINNERS

- ACROSS**

1 Farm output

5 Mosey along

10 Father

14 Verbal tests

19 Despise

20 Slow — (Asian primate)

21 Spoil

22 Bo of “Bolero”

23 Magnetic pull

26 Certain Arab

27 Place for online small talk

28 Author Dinesen

29 One of Nixon’s daughters

30 Hack down

31 Crow cry

32 Clear skies and 70 degrees, say

35 Smell — (suspect something)

37 Novelist Zora — Hurston

39 Stopover site

40 Santa Fe-to-Denver dir.

41 Horned viper

44 Annex

45 Sanctify with oil

48 SFO posting
- 49 What a happy couple makes together

54 Suffix with journal

56 Liberal arts subj.

57 With 90-Down, totally mistaken

58 Creepy quality

60 Rented living spaces: Abbr.

64 Screening airport org.

65 Appear to be

67 Fit snugly

68 Target rival

69 Notions that an imp might get

72 Habanero, for one

74 Pays mind to

75 Infant bed

79 Brand of nonstick cookware

80 Org. for drs.

81 Admin. aide

82 Like rhythmic verse

84 Mag bigwigs

85 Thither

86 Victory sign
- 88 Big sum given for finding a lost pet, perhaps

91 Conan’s TV home

94 Understood by very few

96 Roth —

97 Uvea’s organ

98 Granola tidbit

99 “Law & Order” spinoff, informally

100 Italian port

102 Low pair in poker

106 It’s painted to make something seem better than it is

111 A Stooze

114 Inclined (to)

115 Oscar winner Helen

116 Emu relative

117 Food symbolizing America

119 Ed with Emmys

120 Equitable market practices

123 Thief

124 News bit

125 Brother, in Paris
- 126 Slaving away

127 Not on time

128 Shot callers

129 Mended

130 Pot tops
- DOWN**

1 Ballroom dance

2 Quite

3 Ontario city

4 Saucy

5 Big maker of food cans

6 Label for the Jackson 5

7 Hat’s edge

8 Actress Tyler

9 Suffix with journal

10 Non-poetry

11 Of hearing

12 Finicky

13 Ending for meth-

14 Scenting substances

15 Send, as payment

16 Weaver of mythology

17 Lax

18 Place for downhillers

24 Oval part

25 Bill depicting Lincoln

29 Lendl’s sport

32 Soup scoop

33 Fathers, informally
- 34 Nintendo console

36 Greek “T”

38 Water, to Yves

42 Condition of equilibrium

43 Heaped up

45 Sale proviso

46 Fraction of about 11%

47 Forest cat

49 “You —!” (“Oh yeah!”)

50 Comes after as a result

51 Swirly marbles

52 Shorn wool

53 Suffix with script

55 Pack tightly

59 Fixed price

61 Tropical fruit

62 Aftershock

63 Hair bit

66 Actress Plimpton

68 Actor Grammer

70 1999 Ron Howard satire

71 Clear kitchen wrap

73 Father, in Madrid

76 Have supper

77 PC readout of a sort

78 Not as tough
- 82 “Quo Vadis” director — LeRoy

83 TV producer Michaels

87 Like trade winds

89 China’s — Zedong

90 See 57-Across

91 Certain rigging support

92 Coffee shop employee

93 Less lax

95 Quart fourth

100 Avocado dip, for short

101 Measure of current flow

103 American elk

104 Sedating substance

105 Blood vessel openers

107 Walk (on)

108 Furious

109 Part of CEO

110 Tenures

112 Decided

113 Part of REO

117 Highest point

118 Plus others: Abbr.

120 Pine relative

121 A bit askew

122 Hosp. body scan

1	2	3	4		5	6	7	8	9		10	11	12	13		14	15	16	17	18	
19					20						21					22					
23				24						25						26					
27										28					29						
30				31				32	33					34							
35			36			37	38							39				40			
				41	42	43		44				45	46	47				48			
49	50	51				52				53					54		55				
56				57				58						59			60	61	62	63	
64				65			66		67							68					
69			70					71				72			73						
74						75			76	77	78		79					80			
81					82							83		84				85			
				86	87			88						89			90				
91	92	93		94		95					96				97						
98				99						100					101			102	103	104	105
106			107				108	109	110					111	112	113		114			
115							116							117				118			
119						120					121	122									
123						124					125						126				
127						128					129						130				

King Crossword

- ACROSS**

1 Oil cartel

5 Largest continent

9 Crime scene evidence

12 Lounge around

13 Charged bits

14 A billion years

15 Perry Mason's client

17 Entertainment

18 Smell bad

19 Geneva's river

21 Skiers' 7-Down

24 String instrument

25 Do as you're told

26 Old cars for new ones

30 "Help!"

31 Repeat verb

32 Arctic bird

33 Confiscations

35 Sans siblings

36 Diner staffer

37 Name

38 BLT meat

40 Swimming venue

42 Alias abbr.

43 Secret or Sure

48 Crib
- 49 Elderly

50 Press

51 Pismire

52 May honorees

53 Kindly bloke
- sides of

9 Leaves-dropper?

10 Proper subject, maybe

11 Heche or Hathaway

16 Born

20 Weeding implement

21 Privation

22 Reed instrument

23 Drying agent

24 Cisterns

26 Ankara resident
- 27 Fish eggs

28 — and void

29 Terrier variety

31 Former

34 Menagerie

35 Drilling apparatus

37 Also

38 Ali —

39 Related

40 Verse

41 Probability

44 Id counterpart

45 Exist

46 Negative prefix

47 Explosive stick
- DOWN**

1 Antiquated

2 "The Raven" writer

3 Sprite

4 Group of priests

5 Helper

6 Drench

7 Hostel

8 On both

MAGIC MAZE ● BODYBUILDERS

Q W R T Q N K H D A X U R P M

J G D E F D D A X V S Q N K I

F D C O L U M B U A X V T Q O

M J H O O E F Y C A Y W O U R

P N N L W W E W A R R E N J H

F R D B Z R T H S T X V G W T

A S R Q O M E A W E I K I O I

H F I D B Z L L Y R W G R D V

T R K R U T Q O T B N N R N L

K I H F A N A I P U D A E A C

A Z X W V P U S R N C Y F S H

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: SCHWARZENEGGER

- Atlas

Atwood

Columbu

Cutler
- Ferrigno

Hargitay

Nubret

Paris
- Piana

Sandow

Turk

Warren
- Wheeler

Wolf

Yang



Tropical Fruit Salad
2 dragon fruits, diced
2 mangoes, diced
2 oranges, segmented and reserve juice
1 avocado, diced
1 papaya (ripe), diced
2 Key limes, juiced
2 tablespoons Orange blossom honey
Combine all fruit in a large bowl. Mix the Key lime juice, orange juice from membrane, and honey together until smooth, the pour over the fruit. Gently fold all the ingredients together. Store in refrigerator until ready to serve.✧

Read us online at
www.IslandSunNews.com




Tropical Fruit Salad

photo courtesy Fresh From Florida

PUZZLES

Answers on page 23



"I _____ sometimes
just to throw them off guard."

SCRAMBLERS
Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Aim
PRAISE

Awry
WEAKS

Brace
HEROS

Grasp
TRAINE

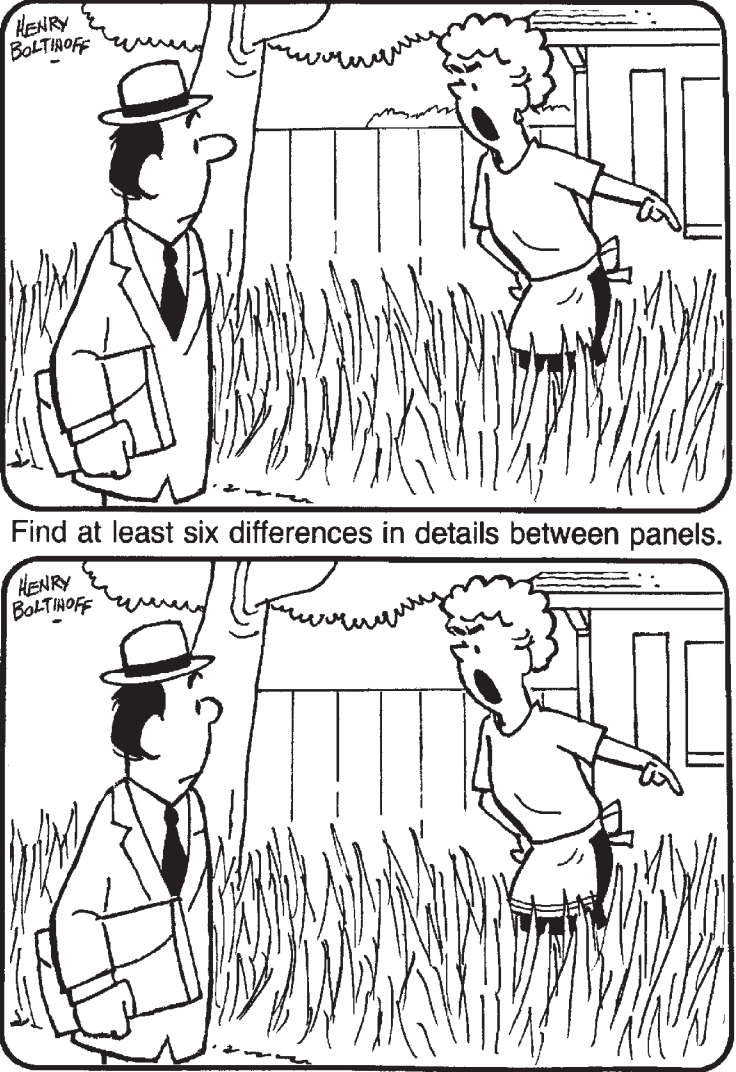
TODAY'S WORD

	9	2		4			5	
	4				9			1
7			6			3		
5					7	4	1	
		3	5					6
	8			3			7	
		4	9			2		
1			2	6				8
	6				8		9	

SUDOKU
To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

HOCUS-FOCUS

BY
HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Bushes are missing. 2. Apron is different. 3. Earring is smaller. 4. Window is different. 5. Man's nose is different. 6. Briefcase is larger.



FRIDAY
Mostly Sunny
High: 88 Low: 82



SATURDAY
Partly Cloudy
High: 91 Low: 84



SUNDAY
Partly Cloudy
High: 86 Low: 83



MONDAY
Mostly Sunny
High: 88 Low: 85



TUESDAY
Mostly Sunny
High: 90 Low: 83



WEDNESDAY
Partly Cloudy
High: 93 Low: 82



THURSDAY
Sunny
High: 88 Low: 83

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	4:36 am	9:24 am	3:51 pm	10:28 pm	Fri	3:41 am	9:26 am	2:56 pm	10:30 pm	Fri	5:00 am	10:37 am	4:40 pm	11:06 pm	Fri	6:46 am	1:17 am	6:01 pm	12:40 pm
Sat	4:57 am	10:18 am	4:40 pm	10:56 pm	Sat	4:02 am	10:20 am	3:45 pm	10:58 pm	Sat	5:25 am	11:13 am	5:20 pm	11:29 pm	Sat	7:07 am	1:44 am	6:50 pm	1:34 pm
Sun	5:23 am	11:19 am	5:37 pm	11:25 pm	Sun	4:28 am	11:21 am	4:42 pm	11:27 pm	Sun	5:48 am	11:49 am	5:59 pm	11:46 pm	Sun	7:33 am	2:12 am	7:47 pm	2:35 pm
Mon	5:54 am	12:26 pm	6:48 pm	11:55 pm	Mon	4:59 am	12:28 pm	5:53 pm	11:57 pm	Mon	6:08 am	12:29 pm	6:38 pm	11:58 pm	Mon	8:04 am	2:41 am	8:58 pm	3:42 pm
Tue	6:30 am	1:42 pm	8:27 pm	None	Tue	5:35 am	1:44 pm	7:32 pm	None	Tue	6:22 am	1:19 pm	7:19 pm	None	Tue	8:40 am	3:11 am	10:37 pm	4:58 pm
Wed	7:14 am	12:26 am	10:37 pm	3:01 pm	Wed	6:19 am	12:28 am	9:42 pm	3:03 pm	Wed	6:37 am	12:10 am	8:02 pm	2:17 pm	Wed	9:24 am	3:42 am	None	6:17 pm
Thu	8:06 am	1:02 am	None	4:14 pm	Thu	7:11 am	1:04 am	None	4:16 pm	Thu	7:03 am	12:29 am	8:53 pm	3:15 pm	Thu	12:47 am	4:18 am	10:16 am	7:30 pm

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The New Math:
\$1 = \$8

That's right! The Harry Chapin Food Bank can find, rescue, transport and distribute \$8 of nutritious food for every \$1 you donate. This turns your \$20 gift into 80 meals for a family!

Thank you for your generosity!

Mail your tax-deductible donation to:
The Harry Chapin Food Bank
3760 Fowler Street, Fort Myers, FL 33901
Call (239) 334-7007 or donate online at:
harrychapinfoodbank.org



THE RIVER
WEEKLY NEWS
FROM THE BEACHES TO DOWNTOWN FORT MYERS

Harry Chapin Food Bank
OF SOUTHWEST FLORIDA

PETS OF THE WEEK



Pabbie ID# A822852
Lee County Domestic Animal Services
Pabbie And Libby
Hello, my name is Pabbie. I am a 1-year-old male pit bull mix who is closing my eyes and wishing on a star for my new family to come for me at Lee County Domestic Animal Services (LCDAS). I am sweet and handsome, energetic, playful and well-mannered. I



Libby ID# A823643
get along well with other dogs and love kids! I am one of the Pets of the Day for the Clear the Shelter month-long event, and my adoption fee will be waived with an approved application.
Hi, I'm Libby. I am is a 5-month-old female domestic shorthair who is a bashful kitten that will warm right up to you. When I do, I am your typical playful feline that will keep you amused with my antics. Take advantage of the adopt

one kitten and get a cat or kitten at no additional charge and double your fun.
My adoption fee is \$20.
Lee County Domestic Animal Services has joined NBC-2 and Edison National Bank for this year's Clear the Shelters campaign. To help individuals and communities continue to practice safe social distancing measures, this year's initiative will run from August 1 through August 31, and feature a different Pet of the Day whose adoption fee will be waived with an approved application. During this time, adoption fees on all dogs will be reduced to \$25 and all cats to just \$20. And as always, cats and kittens are adopt one, get a feline friend at no additional charge. The featured Pet of the Day is on the Facebook page – Lee County Domestic Animal Services. LCDAS adoption center has reopened by appointment only. Visit www.leelostpets.com to complete an online adoption application prior to calling 533-7387 to make an appointment.
Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. For information, visit www.leegov.com/animalservices or call 533-7387.*

From page 18
Strange But True
Tower can “grow” by up to 6 inches in the summertime.
• Need one more reason to hate Mondays? Scientists have found that even if you maintain a steady weight, you'll weigh the most on that day of the week.
• Only a quarter of the Sahara Desert is sandy.
• High heels came into circulation in roughly 10 BC They were worn by men of the Persian Cavalry not as a fashion statement, but to help their boots stay in their stirrups while riding horses.
• In the 18th century, King George I of England declared pigeon poop to be the property of the Crown because it could be used to make gunpowder.

THOUGHT FOR THE DAY

“I slept and I dreamed that life is all joy. I woke and I saw that life is all service. I served and I saw that service is joy.” – Kahlil Gibran

TRIVIA TEST

- General Knowledge:** What is the birthstone traditionally associated with the month of July?
- Movies:** What was the name of the artificial intelligence system in *The Terminator* movie series?

CLASSIFIED

COMMERCIAL RENTAL

PELICAN PLACE SHOPPING CENTER
Palm Ride Road on Sanibel
3 units available or combined 2,400 sq. ft.
(2 at 700 sq. ft., 1 at 1,000 sq. ft).
Call 703-593-7024
6/21 * TFN

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Palm Court Center
2424 Palm Ridge Road, Sanibel, FL 33957
Highly visible ground floor space, 534 square feet. Move in condition. Formerly Buyer's Choice Realty.
\$ 900 per month.
Landlord pays all common. Area Maintenance.
Call 973-726-3213
7/31 * TFN

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LONG TERM RENTAL
Female looking to rent Oct-May. Master gardener/landscaper able to do yard work or pet sit if needed. Will consider all types of rentals: house, apt, boat etc.
Debbie 815-302-7668
7/24 * 8/7

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1/26 * TFN

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1/4 * TFN

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6/5 * TFN

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chipwolfe.com
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REMAX OF THE ISLANDS
6/5 * TFN

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4/20 * TFN

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• Licensed & Insured Home Watch Service Residential & Commercial
239-896-6789
11/29 * TFN

To advertise in the
Island Sun and *The River Weekly News*
Call 395-1213

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Treasures to remind you of your visit to the Sanibel Island area:
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Face Masks (did you buy one on the Island and need another?)
Oversized hot pads
Shell Ornaments
and More!
Shop now at www.SanibelMaterialGirl.com
7/10 * 9/25

SCARNATO LAWN SERVICE
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Weeding, Installation of Plants, Trees and Mulch (one month free service available)
Joe Scarnato (239) 849-6163
scarnatolawn@aol.com
1/25 * TFN

HELP WANTED

CAREGIVER NEEDED FOR LIVE-IN ON SANIBEL ISLAND
Take care of elderly woman 100 years old.
Contact Alan at 732-259-6629 or Patricia at 732-259-6631.
7/10 * TFN

LEGAL NOTICE

FICTITIOUS NAME
Pat Malloy Consulting
Notice Is Hereby Given that the undersigned, desiring to engage in business under The fictitious name of Pat Malloy Consulting, located in Lee County, Florida, with an address of 20031 Sanibel View Circle, Unit 105, Fort Myers, FL 33908 has registered said name with The Division of Corporations of the Department of State, Tallahassee, Florida.
Dated the 30th Day of July 2020.
Patricia A. Malloy, Owner
8/7 * 8/7

LOST/FOUND

LOST CAT
Grey/white semi-Tiger type, with white face, belly and paws. Responds to name of “Bushy.”
Reward.
If seen, please call 239-980-3592.
8/7 * TFN

PSA

AL-ATEEN HELP LINE
Are you concerned with a friend or family member's drinking?
Call the 24-hour help line of South Florida Al-Anon at 941-564-5098 or visit www.southfloridaal-anon.org. Meetings are held every day in Lee and Hendry counties. Al-Ateen meetings are also offered for ages 8 to 18.
7/31 * TFN

- 3. **Chemistry:** Which element has the chemical symbol Pt?
- 4. **History:** Which two boxers were matched in 1974's "The Rumble in the Jungle" contest in Zaire?
- 5. **Anatomy:** What is the common name for the hallux?
- 6. **Ad Slogans:** Which product is featured in the advertising slogan "Obey your thirst"?
- 7. **Geography:** Which four U.S. states start with the letter "I"?
- 8. **Television:** What city was the setting for the 1990s sitcom *Home Improvement*?
- 9. **Music:** Which female singer had a No. 1 hit in the 1970s with the song *You're No Good*?
- 10. **Measurements:** How many tablespoons are in 1/4 cu

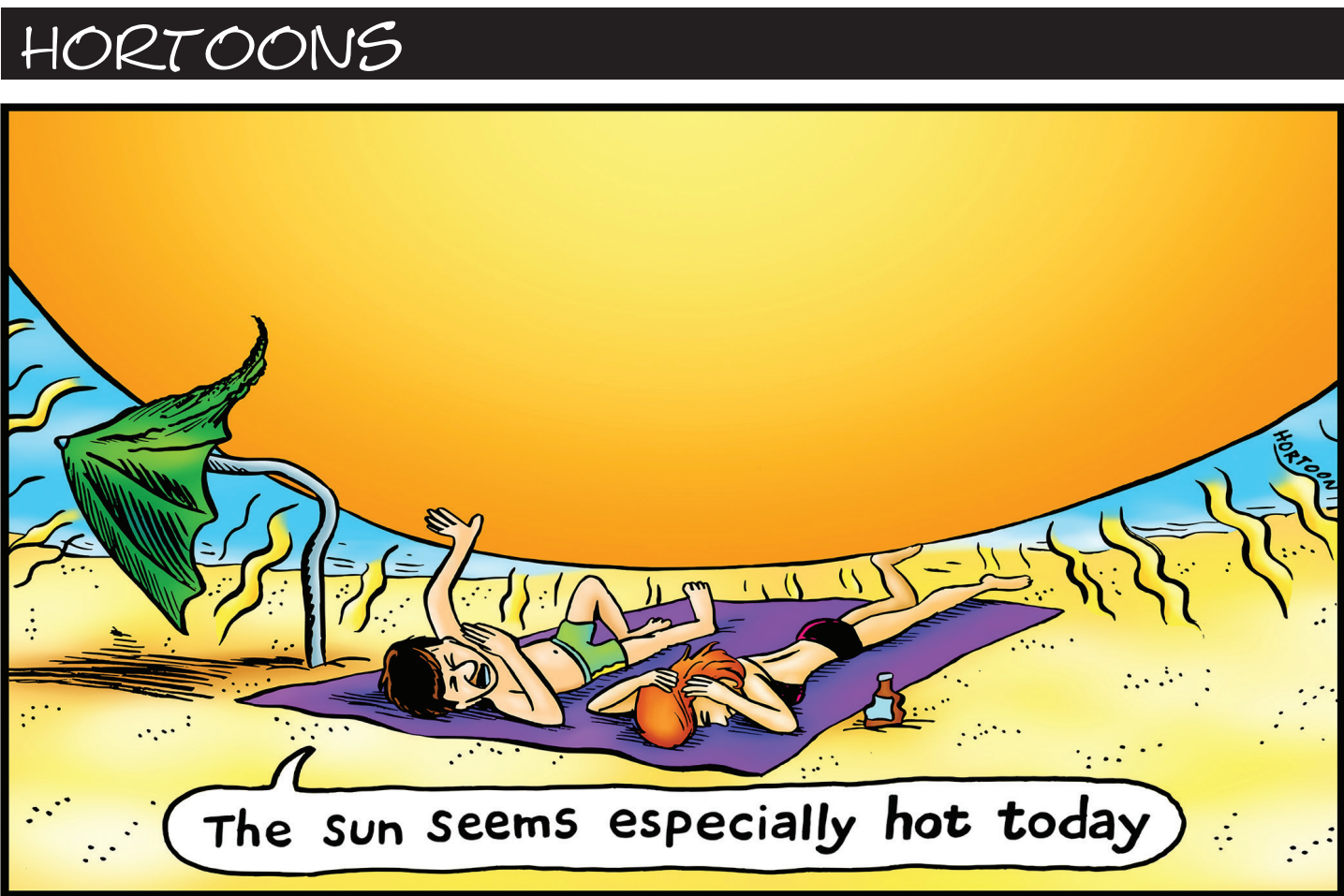
TRIVIA ANSWERS

1. Ruby 2. SkyNet 3. Platinum 4. Muhammad Ali (winner) and George Foreman 5. Big toe 6. Sprite 7. Idaho, Illinois, Indiana and Iowa 8. Detroit 9. Linda Ronstadt 10. Four

SCRAMBLERS ANSWER

- 1. Aspire 2. Askew;
- 3. Shore; 4. Retain

Today's Word
WHISPER



PUZZLE ANSWERS

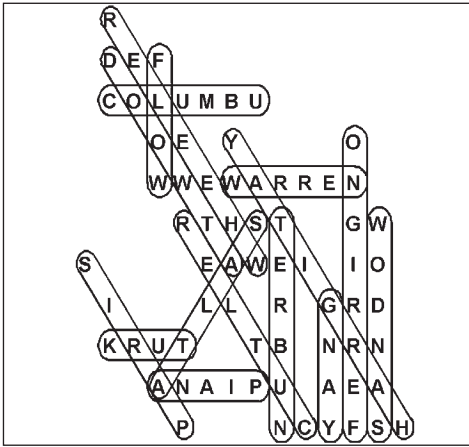
SUPER CROSSWORD

C	R	O	P	A	M	B	L	E	P	A	P	A	O	R	A	L	S
H	A	T	E	L	O	R	I	S	R	U	I	N	D	E	R	E	K
A	T	T	R	A	C	T	I	V	E	F	O	R	C	E	O	M	A
C	H	A	T	R	O	O	M	I	S	A	K	T	R	I	C	I	A
H	E	W	C	A	W	L	O	V	E	L	Y	W	E	A	T	H	E
A	R	A	T	N	E	A	L	E	I	N	N	N	E				
			A	S	P	A	D	D	A	N	O	I	N	T	E	T	A
B	E	A	U	T	I	F	U	L	M	U	S	I	C	I	S	T	
E	N	G	A	L	L	E	E	R	I	N	E	S	S	A	P	T	S
T	S	A	S	E	E	M	N	E	S	T	L	E	K	M	A	R	T
C	U	T	E	I	D	E	A	S	H	O	T	P	E	P	P	E	R
H	E	E	D	S	C	R	A	D	L	E	T	F	A	L	A	M	A
A	S	S	T	M	E	T	R	I	C	A	L	E	D	S	Y	O	N
			V	E	E	H	A	N	D	S	O	M	E	R	E	W	A
T	B	S	A	R	C	A	N	E	I	R	A	E	Y	E			
O	A	T	S	V	U	G	E	N	O	A	T	W	O	S			
P	R	E	T	T	I	P	I	C	T	U	R	E	M	O	E	A	P
M	I	R	R	E	N	R	H	E	A	A	P	P	L	E	P	I	E
A	S	N	E	R	F	A	I	R	C	O	M	P	E	T	I	T	I
S	T	E	A	L	I	T	E	M	F	R	E	R	E	A	T	I	T
T	A	R	D	Y	R	E	F	S	F	I	X	E	D	L	I	D	S

KING CROSSWORD

O	P	E	C		A	S	I	A		D	N	A
L	O	L	L		I	O	N	S		E	O	N
D	E	F	E	N	D	A	N	T		F	U	N
			R	E	E	K		R	H	O	N	E
L	O	D	G	E			V	I	O	L		
O	B	E	Y		T	R	A	D	E	I	N	S
S	O	S		Q	U	O	T	E		A	U	K
S	E	I	Z	U	R	E	S		O	N	L	Y
		C	O	O	K			T	I	T	L	E
B	A	C	O	N		P	O	O	L			
A	K	A		D	E	O	D	O	R	A	N	T
B	I	N		A	G	E	D		I	R	O	N
A	N	T		M	O	M	S		G	E	N	T

MAGIC MAZE



SUDOKU

6	9	2	1	4	3	8	5	7
3	4	5	7	8	9	6	2	1
7	1	8	6	2	5	3	4	9
5	2	6	8	9	7	4	1	3
4	7	3	5	1	2	9	8	6
9	8	1	4	3	6	5	7	2
8	3	4	9	7	1	2	6	5
1	5	9	2	6	4	7	3	8
2	6	7	3	5	8	1	9	4

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Sorrento	Miromar Lakes	2016	6,933	\$5,495,000	\$5,000,000	234
Barefoot Beach	Bonita Springs	1998	4,754	\$4,995,000	\$4,550,000	242
Sardinia	Miromar Lakes	2018	6,227	\$4,650,000	\$4,150,000	103
Hercules Park	Fort Myers Beach	2015	3,798	\$4,300,000	\$3,875,000	54
Cape Coral	Cape Coral	2007	6,950	\$1,699,000	\$1,520,000	138
Flamingo Park	Fort Myers Beach	2019	2,688	\$1,399,000	\$1,280,000	14
Cape Coral	Cape Coral	2014	3,284	\$1,350,000	\$1,350,000	115
Intracoastal Harbour	Fort Myers	2001	2,988	\$1,250,000	\$1,150,000	14
Sanctuary At Wulfert	Sanibel	1995	3,734	\$1,249,000	\$1,100,000	238
Lake Forest At Shadow Wood	Estero	2002	3,677	\$999,000	\$820,000	117



Randy Wayne White ©

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